

CURRICULUM VITAE



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First Name: Mohsen

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Education:

1. PhD in Clinical Nutrition Imperial College London 06/2003 to 07/2006
2. PG Diploma In Nutrition King's College London 09/2002 to 06/2003
3. Doctor In Medicine: Mashhad University of Medical Sciences (MUMS), Iran, 87-95
Thesis: "Investigation about causes of patients' refer to Obs/Gyn Emergency ward In Ghaem hospital, Mashhad" by Torabi- Zadeh MD 92-93
Thesis Mark: 20/20
4. High School Diploma: Hekmat High School; Subject: Science
Mashhad 83-87,
Diploma Mark: 17.5/20

Occupations:

- 1- 2015 to now, Director of The journal of Fasting and Health.
- 2- 2014 to ۲۰۱۹ Head of Nutrition society (Khorasan Branch)
- 3- 2013 to now Chairman: Journal of Fasting and Health, <http://jfh.mums.ac.ir/>
- 4- 2011 to 2014 Vice chancellor of post graduate education in school of Medicine, Mashhad University of Medical Sciences, Iran
- 5- 05.2010 to 08.2011 and 2013 to now Head of department of Nutrition in school of Medicine, Mashhad University of Medical Sciences, Iran
- 6- 10.2011 to 2018 Associate professor in Mashhad University of Medical Sciences, Iran
- 7- 11.2006 to 3.2010 Advisor of Mashhad University dean
- 8- 11.2006 to 3.2010 Responsibility in Mashhad University Board
- 9- 06.2003 to 07.2006 PhD student at Imperial College London
- 10- 09/2002 to 06/2003 PG diploma student at King's College London
- 11- 99 to 12/02 Head of Administrative & Financial Department, MUMS
- 12- Occupation in managing and supervision of Administrative & Financial Affairs of MUMS, like Service dep, 50 hospitals, over 1300 Medical health houses, 300 Medical centers, and 100 official buildings across khorasan province with 6 millions people.
- 13- 96-99 Head of Health and Medical Network In Torbat-e-Jam city
- 14- 96-99 cooperating with United Nation High Commissioner of Refugees (UNHCR) for Managing of Afghan Refugees Clinics In Torbat-e-Jam city.
- 15- 96-99 Instructor in MUMS: Teaching of Infection diseases course, gastrointestinal diseases course, Respiratory diseases Course and pharmacology course for para medicine students.
- 16- 95-96 Manager and GP of Health Center in Bakharz-Taibad city.

Trainings:

1. Occupational Medicine CME	95
2. Seminar on Eltore and Diarrheal Diseases	95
3. Breast Milk Feeding & CDD CME	95
4. Epilepsy CME	96
5. Primary Health Care Management Workshop	96
6. Mothers & Infants Health care counseling Workshop	97
7. National Workshop on research in Medical-Health Centers	97
8. Food Products Safety Evaluation Workshop	97
9. Workshop on combination of Occupational Health in	
10. Medical-Health Center System	97
11. TQM Methods, Tools and Concepts Workshop for	
12. Health care senior managers	98
13. Breast Milk Feeding Workshop	98
14. Congress of Common Emergencies in Int. Med. And Cardiology	98
15. Mental Health Workshop	99
16. CQI Workshop	99
17. First Workshop on Health System Privatization	00
18. 4 th Congress on application of LASER in Medicine	00
19. English class (writing skills) (London-UK)	03-04
20. Blood taking course (London-UK)	03
21. Lab training-Measuring Gut peptides (London-UK)	03-04
22. Reference manager course (London-UK)	03
23. Presentation Skills (London-UK)	03
24. Personal Development and Effectiveness (London-UK)	03
25. Information Retrieval, Web of knowledge (London-UK)	03
26. Applied Writing Skills (Thesis & Report Writing) (London-UK)	04
27. Time management (London-UK)	04
28. Canulation & Venupuncture study course (London-UK)	04
29. Science and the Media (London-UK)	04
30. 3 in 1" Training Day (London-UK)	04
31. Research Method (Case-control research's workshop)	10
32. Medical Professionalism	11
33. Political ideal of Islam	12

Investigations:

1. **Nematy M**, Torabi-zadeh A: "Investigation about Causes of patients' Refer to obs/Gyn Emergency ward In Ghaem Hospital, Mashhad" (MUMS) 92-93

Executive Activities:

1. Establishment of Torbat-e-Jam Hospital CCU and Dialysis Department
2. Establishment of over 30 medical-health care centers & houses in Torbat-e-Jam city
3. Scheduling and supervision of over 8 periods of Polio vaccination for Eradication of Polio in Torbat-e-Jam city

Publications:

1. Frost G, Brynes AE, Ellis S, Milton JE, **Nematy M**, Philippou E. Nutritional influences on gut hormone release. *Current Opinion in Endocrinology, Diabetes and Obesity*. 2006; 13(1):42-8. [Index: ISI \(IF=3.618\)](#)
2. **Nematy M**, Hickson M, Brynes A, Ruxton C, Frost G. Vulnerable patients with a fractured neck of femur: nutritional status and support in hospital. *Journal of Human Nutrition and Dietetics*. 2006; 19(3):209-18. [Index: ISI \(IF=1.738\)](#)
3. **Nematy M**, O'Flynn JE, Wandrag L, Brynes AE, Brett SJ, Patterson M, et al. Changes in appetite related gut hormones in intensive care unit patients: a pilot cohort study. *Crit care*. 2006; 10(1):R10. [Index: ISI \(IF=4.61\)](#)
4. **Nematy M**, Powell CA, Brynes AE, Pearse M, Patterson M, Ghatei MA, et al. Peptide YY (PYY) Is Increased in Elderly Patients With Femoral Neck Fractures: A Prospective Cohort Study. *Journal of Parenteral and Enteral Nutrition*. 2006; 30(6):530-1. [Index: ISI \(IF=3.285\)](#)
5. **Mohsen N**, Audrey B, Philip H, Michael P, Mohammad G, Stephen B, et al. Postprandial ghrelin suppression is exaggerated following major surgery; implications for nutritional recovery. *Nutrition & Metabolism*. 2007; 4. [Index: ISI \(IF=2.89\)](#)
6. Aliabadi M, Kimiagar M, Ghayour-Mobarhan M, Shaker MT, **Nematy M**, Ilaty AA, et al. Prevalence of malnutrition in free living elderly people in Iran: a cross-sectional study. *Asia Pacific journal of clinical nutrition*. 2008; 17(2):285-9. [Index: ISI](#), [PubMed](#)
7. Ghayour-Mobarhan M, Alamdari DH, Moohebati M, Sahebkar A, **Nematy M**, Safarian M, et al. Determination of Prooxidant—Antioxidant Balance After Acute Coronary Syndrome Using a Rapid Assay: A Pilot Study. *Angiology*. 2009; 60(6):657-62. [Index: ISI \(IF=1.511\)](#)
8. Ghayour-Mobarhan M, Sahebkar A, Vakili R, Safarian M, **Nematy M**, Lotfian E, Khorashadizadeh M, Tavallaie S, Dahri M, Ferns G. Investigation of the effect of high dairy diet on body mass index and body fat in overweight and obese children. *Indian journal of pediatrics*. 2009; 76(11):1145-50. [Index: ISI \(IF=0.521\)](#)
9. **Nematy M**, Dahri M, Tavallaie S, Lotfian E, Khorashadizadeh M, Ferns G, Ghayour Mobarhan M. Effect of a High Dairy Diet on Serum Antibody Titers to Heat Shock Protein 27 in Overweight and Obese Children. *Iran J Pediatr*. 2009; 19(1):41-6. [Index: ISI \(IF=0.292\)](#)
10. **Nematy M**, Sakhdari A, Ahmadi-Moghaddam P, Aliabadi M, Kimiagar M, Ilaty AA, Azimi-Nezhad M, Shakeri MT, Ghayour-Mobarhan M, Sahebkar A, Ferns GA. Prevalence of obesity and its association with socioeconomic factors in elderly Iranians from Razavi-Khorasan province. *Scientific World Journal*. 2009; 9:1286-93. [Index: ISI](#)
11. Neyestani TR, Dadkhah-Piraghaj M, Haydari H, Zowghi T, Nikooyeh B, Houshyar-Rad A, **Nematy M**, Maddah M.. Nutritional status of the Iranian children with physical disability: A cross-sectional study. *Asia Pacific journal of clinical nutrition*. 2010; 19(2):223. [Index: ISI \(IF=1.133\)](#)

12. Abdolreza N, Omalbanin A, Mahdieh TS, Mohammad Ali MR, Reza MS, Maryam S, **Mohsen N**. Comparison of the number of patients admitted with renal colic during various stages of peri-ramadan month. Saudi Journal of Kidney Diseases and Transplantation. 2011; 22(6):1199. [Index: PubMed](#)
13. Mokhber N, Namjoo M, Tara F, Boskabadi H, Rayman MP, Ghayour-Mobarhan M, Sahebkar A, Majdi MR, Tavallaie S, Azimi-Nezhad M, Shakeri MT, **Nematy M**, Oladi M, Mohammadi M, Ferns G. Effect of supplementation with selenium on postpartum depression: a randomized double-blind placebo-controlled trial. Journal of Maternal-Fetal and Neonatal Medicine. 2011; 24(1):104-8. [Index: ISI \(IF:1.495\)](#)
14. **Nematy M**, Shalaey N, Mohajeri SAR, Ghorbani V, Safarian M, Sharifian MR. An Examination of Pre/Post-Adenotonsillectomy Obesity Indices in 3-10 Year Old Children in Mashhad, Iran. Iranian Journal of Otorhinolaryngology. 2011. [Index: Scopus](#)
15. Norouzy A, Mohajeri SMR, Shakeri S, Yari F, Sabery Karimian M, Philippou E, Varasteh AR, **Nematy M**. Effect of Ramadan fasting on glycaemic control in patients with Type 2 diabetes. Journal of endocrinological investigation. 2011. [Index: ISI \(IF:1.566\)](#)
16. Parizadeh MR, Azarpazhooh MR, Mobarra N, **Nematy M**, Alamdari DH, Tavalai S, Sahebkar A, Hassankhani B, Ferns G, Ghayour-Mobarhan M. Prooxidant-antioxidant balance in stroke patients and 6-month prognosis. Clinical laboratory. 2011; 57(3-4):183-191. [Index: ISI \(IF:0.904\)](#)
17. Parizadeh SM, Azarpazhooh MR, Moohebaty M, **Nematy M**, Ghayour-Mobarhan M, Tavallaie Sh, Rahsepar AA, Amini M, Sahebkar A, Mohammadi M, Ferns GA. Simvastatin therapy reduces prooxidant-antioxidant balance: results of a placebo-controlled cross-over trial. Lipids. 2011; 46(4):333-340. [Index: ISI \(IF: 2.129\). \(citation:30\)](#)
18. Shalaey N, Mohajeri Seyed A, K. Z. Baghestani;G. N. Shabsavan;M. **Nematy M**. Vakili. Assessment of anthropometric measurements in girls with true premature puberty using gonadotropin releasing hormone agonists. Clinical Biochemistry 2011; 44 (13): S169-S169. [Index: ISI](#)
19. Neyestani TR, Dad-Khah M, Haidari H, Zowghi T, Maddah M, **Nematy M**, Aliabadi M. Determination of the Actual Height Predictors in Iranian Healthy Children. Acta Medica Iranica. 2011; 49(3): 173-178. [Index: PubMed, Scopus](#)
20. Yazdi SHH, Jafarzadehpour E, Mirzajani A, **Nematy M**. Comparison of Amplitude of Accommodation, Near Point of Convergence and Fusion Ability of Islamic Fasters Before, During and After Respected Month of Ramadan. Iranian Red Crescent Medical Journal. 2011; 13(10):746-748. [Index: ISI](#)
21. Abdi H, Abbasi-Parizad P, Zhao B, Ghayour-Mobarhan M, Tavallaie Sh, Rahsepar AA, Parizadeh SM, Safariyan M, **Nematy M**, Mohammadi M, Darbandi M, Darbandi S, Ferns GA. Effects of Auricular Acupuncture on Anthropometric, Lipid Profile,

- Inflammatory, and Immunologic Markers: A Randomized Controlled Trial Study. The Journal of Alternative and Complement Medicine. 2012 Jul; 18(7):668-677. [Index: PubMed](#)
22. Abdi H, Zhao B, Darbandi M, Ghayour-Mobarhan M, Tavallaie Sh, Rahsepar AA, Parizadeh SM, Safariyan M, **Nemati M**, Mohammadi M, Abbasi-Parizad P, Darbandi S, Akhlaghi S, Ferns GA. The Effects of Body Acupuncture on Obesity: Anthropometric Parameters, Lipid Profile, and Inflammatory and Immunologic Markers. The Scientific World Journal. 2012. [Index: ISI](#)
 23. Darbandi M, Darbandi S, Ghayour Mobarhan M, Owji AA, Zhao B, Iraj K, Abdi H, Saberfirooz M, **Nematy M**, Safarian M, Parizadeh MR, Abbasi P, Salehmoghadam M, Fardaei M, Dabbaghmanesh MH, Ferns G, Mokarram P. Effects of auricular acupressure combined with low-calorie diet on the leptin hormone in obese and overweight Iranian individuals. Acupuncture in Medicine. 2012; 30(3):208-213. [Index: ISI \(IF:1.188\)](#)
 24. Ehteshamfar S, Shapouri-Moghaddam A, Safarian M, **Nematy M**, Bahrami-Taghanaki H, Azizi H. Serum selenium concentration in Mashhad prisoners, Iran. Saudi medical journal. 2012; 33(8):859-862. [Index: Scopus](#)
 25. **Nematy M**, Alinezhad-Namaghi M, Mahdavi Rashed M, Mozhdehifard M, Sajjadi SS, Akhlaghi S, Sabery M, Mohajeri SA, Shalaey N, Moohebat M, Norouzy A. Effects of Ramadan fasting on cardiovascular risk factors: a prospective observational study. Nutrition Journal. 2012; 11(1):69. [Index: ISI \(IF: 2.477\)](#). (citation:19)
 26. **Mohsen Nematy**, Seyed Amir Reza Mohajeri, Shirin Amiri Moghadam, Mohammad Safarian, Abdolreza Norouzy, Seyed Mohammad Reza Parizadeh, Mahmoud Reza Azarpazhooh, Zahra Siadat, Nasim Shahsavan Gharbi, Majid Ghayour Mobarhan . Nutritional status in intensive care unit patients: a prospective clinical cohort pilot study. Mediterranean Journal of Nutrition Metabolism. 2012 5(2):163–168. [Index: PubMed, Scopus](#)
 27. Abdolreza Norouzy, Peyman Hashemi, Amin Amiri, Mahta Salehi, Kosar Deldar, Yasaman Fakhra, Saeid Fard Khaleghi, Alireza Sepehri Shamloo, Maryam Sabery, **Mohsen Nematy**. Adult malnutrition screening, prevalence in four Iranian hospitals: cross-sectional study. Mediterranean Journal of Nutrition and Metabolism. 2012; 5(1):45-48. [Index: PubMed, Scopus](#)
 28. Aghdas Karimi, Sepideh Bagheri, **Mohsen Nematy**, Masumeh Saeidi. Zinc Deficiency in Pregnancy and Fetal - Neonatal Outcomes and Impact of the Supplements on Pregnancy Outcomes. Iranian Journal of Neonatology. 2012; 3(2):77-83. [Index: SID, Iran Medex ,ISC, EBSCO, Embase](#)
 29. Seyedeh Neda Mousavi, Abdolreza Norouzy, **Mohsen Nematy**, Mohamad Safarian, Fariborz Samini, Ali Birjandinejad, Seyed Javad Purafzalifiruzabadi. Intensive Insulin Therapy Reduces Infections in Patients on Parenteral Nutrition - A Randomized Clinical Trial. Galen Medical Journal. 2012; 1(1):2-7. [Index: Scopus, Elsevier](#)
 30. **Mohsen Nematy**, Maryam Alinezhad-Nameghi, Masoud Mahdavi Rashed, Mostafa Mozhdehifard, Seyedeh Sania Sajjadi, Saeed Akhlaghi, Maryam Sabery, Seyed Amir R Mohajeri, Neda Shalaey, Mohsen Moohebat, and Abdolreza Norouzy. Effect of

Ramadan Fasting on Cardiovascular Risk Factor: a prospective observational study. Nutrition Journal.2012; 11(1), Article number 69. [Index: ISI \(IF:2.477\)](#)

31. **Mohsen Nematy**, Hadis Salami, Abdolreza Norouzy, Zahra Siadat, Nasim Shahsavan, Shima Tavallaie, Gordon Ferns, Majid Ghayour-Mobarhan, Sonia Sadat Soluti. Indices of malnutrition in patients admitted to general medical and chest medicine wards of an Iranian teaching hospital on admission and discharge. Mediterranean Journal of Nutrition and Metabolism. 2013; 6(1): 53-57. [Index: SCOPUS, EMBASE](#)
32. Seyed Hosein Hoseini-Yazdi, Ebrahim Jafarzadehpur, Ali Mirzajani, **Mohsen Nematy**. Evaluation of Ocular Accommodation, Convergence and Fusional Vergence Changes during Ramadan. Journal of Fasting and Health. Summer 2013; 1(1): 13-18. [Index: Magiran, EBSCO](#)
33. Neda Shalaei, Atoosa Motaghedi Larijani, Seyed Amir Reza Mohajeri, Abdolreza Norouzy, **Mohsen Nematy**, Faezeh Sheikhol Vaezin, Faeze Jahandoost, Mohammad Safarian. Changes in Dietary Intake during Ramadan in North East of Iran Population. Journal of Fasting and Health. Summer 2013; 1(1): 19-22. [Index: Magiran, EBSCO](#)
34. Abdolreza Norouzy, Rahil Karimirad, Zeynab Sabety Baygi, Mahnaz Amini, Davood Attaran, Seyed Mohammad Reza Mohajeri, Seyed Amir Reza Mohajeri, **Mohsen Nematy**. Effects of Ramadan Fasting on Spirometric Values and Clinical Symptoms in Asthmatic Patients. Journal of Fasting and Health. Summer 2013; 1(1): 23-27. [Index: Magiran, EBSCO](#)
35. Norouzy A, Salehi M, Philippou E, Arabi H, Shiva F, Mehrnoosh S, Mohajeri SM, Mohajeri SA, Motaghedi Larijani A, **Nematy M**. Effect of fasting in Ramadan on body composition and nutritional intake: a prospective study. Journal of Human Nutrition & Dietetics. 17 MAY 2013 DOI: 10.1111/jhn.12042;26:97-104. [Index: ISI \(IF: 1.738\)](#)
36. **Mohsen Nematy**, Maryam Kamgar, Seyed Mohammad Reza Mohajeri, Seyed Amir Tabatabaei Zadeh, Mohammad Reza Jomezadeh, Omid Akbarieh Hasani, Najmeh Kamali, Shohreh Vojouhi, Sara Baghban, Mohammad Soukhtanloo, Mahmoud Hosseini, Zahra Gholamnezhad, Abdolreza Norouzy Azita Aghaei, Hassan Rakhshandeh, Habibollah Esmaily, Majid Ghayour-Mobarhan, Michael Patterson. The effect of hydroalcoholic extract of Coriandrum sativum on rat appetite. Avicenna Journal of Phytomedicine. Winter 2013; 3(1): 91-97. [Index: Chemical Abstract, ISC, SID,DOAJ, Index Copernicus](#)
37. Akramosadat Razavi, Mohammad Reza Baghshani, Hossein Mohaddes Ardabili, Mohammad Sobhan Sheikh Andalibi, Amir Ali Rahsepar, Mohsen Moohebaty, **Mohsen Nematy**, Shima Tavallaie, Somayeh Mousavi, Saeed Akhlaghi, Majid Ghayour-Mobarhan, Gordon Ferns, Obese Subjects have Significantly Higher Serum Pro-oxidant-Antioxidant Balance Values Compared to Normal-Weight Subjects. Clinical Laboratory, 2013; 59(3-4):257-261. [Index: ISI \(IF: 1.056\)](#)
38. Darbandi S, Darbandi M, Mokarram P, Owji AA, Zhao B, Ghayor-Mobarhan M, Abdi H, Saberfiroozi M, **Nematy M**, Safarian M, Parizadeh MR, Shakeri MT, Soukhtanloo M, Abbasi P, Salehmoghadam M, Dabbaghmanesh MH, Ferns G. Effects of body electroacupuncture on plasma leptin concentrations in obese and overweight people in

- Iran: a randomized controlled trial. *Alternative Therapies in Health and Medicine*. 2013 Mar-Apr; 19(2):24-31. [Index: PubMed](#)
39. Ali Asghar Moeinipour, Mohammad Abbasi Tashnizi, Hossein Ayatollahi, Nahid Zirak, Alireza Sepehri Shamloo, Farnaz Ahmadpour, Farzaneh Akbari, Mohammad Sadegh Basir, Vahid Ghavami Ghanbar Abadi, Ahmad Amouzeschi, Jamil Esfahanizadeh, Mostafa Mirshapanah, seyed Hamid Reza HoseiniKhah Manshadi, **Mohsen Nematy**. Comparison of Ghrelin Level between On and Off-Pump Coronary Artery Bypass Grafting Patients. *Life Science Journal* 2013; 10(3):824-829. [Index: ISI \(IF: 2.555\)](#)
 40. **Mohsen Nematy**, Maryam Kazemi, Ehsan Ansarian. Afshin Akhonzadeh Basti, Tannaz Mousavi. A comparative study of total colony count of the lactobacilli strains during the shelf-life in some examples of commercial probiotic yoghurts. *Daneshvar Medical Journal*. 2013; 20(number 106):1-11. [Index: Copernicus](#)
 41. Mohammad Asghari jafarabadi, Shohreh Ghazizahedi, Seyed Amir Reza Mohajeri, Maryam Nouri, **Mohsen Nematy**, Abdolreza Norouzy, Neda Shalaei, Mohammad Safarian. Comparison of Dietary Pattern in Different Provinces of Iran. *Switzerland Research Park Journal*. Vol. 102, No.12; December 2013.
 42. **Mohsen Nematy**, Maryam Nouri, Shohreh Ghazizahedi, Abdolreza Norouzy, Seyed Amir Reza Mohajeri, Neda Shalaei, Mohammad Safariyan, Habibollah Esmaily. Validity and Reproducibility of Iranian Food Frequency Questionnaire. *Switzerland Research Park Journal*. Vol. 102, No. 12; December 2013,
 43. Mandana Tavakkoli-Kakhki, Malihe Motavasselian, Mahmoud Mosaddegh, Mohammad Mahdi Esfahani, Mohammad Kamalinejad, **Mohsen Nematy**, Saeid Eslami. Omega-3 and omega-6 content of medicinal foods for depressed patients: implications from the Iranian traditional medicine. 25-Dec-2013, Ms. Ref. No.11, *Avicenna J Phytomed*. -13-165. [Index: EMBASE](#)
 44. **Mohsen Nematy**, Farnaz Ahmadpour, Zahra Behnam Rassouli, Mohsen Azimi-Nezhad. A review on underlying differences in the prevalence of metabolic syndrome in the Middle East, Europe and North America. *J Mol Genet Med* 2014, [Index: PubMed](#)
 45. Shohereh Bahrayni, Rahim Vakili, **Mohsen Nematy**, Abdolreza Norouzy, Seyed Isaac Hashemy, Mehdi Ebrahimi, Elham Masoumi, Habibolla Esmaeili. The effect of Ramadan fasting on thyroid hormones in 9-13 years old pre-menarche girls. . *J Fasting Health*. 2013. [Index: ISC](#)
 46. Maryam Kazemi, **Mohsen Nematy**, Abdolreza Norouzy, Maral Amini, Seyed Amirreza Mohajeri, Amirreza Razavi. Ramadan fasting: Evidence or expert opinion? Results of preliminary studies. *J Fasting Health*. 2013; 1(2):58-65. [Index: ISC](#)
 47. Mandana Tavakkoli-Kakhki, Malihe Motavasselian, Mahmoud Mosaddegh, Mohammad Mahdi Esfehni, Mohammad Kamalinejad, **Mohsen Nematy**. Food-Based Strategies for Depression Management in Iranian Traditional Medicine Resources. *Iran Red Crescent Med J*. 2014 Feb; 16(2):e14151. doi: 10.5812/ircmj.14151. Epub 2014 Feb 5. [Index: ISI](#)

48. Zarin Banikazemi, Mohsen Mazidi, **Mohsen Nematy**. Glutaric Acidemia Type 1: A Case Report. International Journal of Pediatrics, Vol.2, No.1, Jan 2014. [Index: Pubmed](#)
49. Mohsen Mazidi, EhsanKarimi, Peyman Rezaee, **Mohsen Nematy**, Mousa Salehi. The effect of Ramadan fasting on body composition: A REVIEW. Shiraz E Medical Journal, June 2014. [Index: Scopus](#)
50. **Mohsen Nematy**, Mohsen Mazidi, Sara Baghban, Jafari Atefeh, Hassan Rakhshandeh, Abdolreza Norouzy, Amir Houshang Mohammadpour. The Effect of Hydro alcoholic Extract of Achillea Millefolium on appetite hormone in rat. Iranian Journal of Basic Medical Sciences. [Index: ISI](#)
51. **Mohsen Nematy**, Mohsen Mazidi, Sara Baghban Taraghdari, Peyman Rezaee, Maryam Kamgar, Mohammad Reza Jomezadeh, Omid Akbarieh Hasani, Mohammad Soukhtanloo, Mahmoud Hosseini, Zahra Gholamnezhad, Hassan Rakhshandeh, Abdolreza Norouzy, Habibollah Esmaily, Michael Patterso. The effect of hydroalcoholic extract of Cannabis Sativa on appetite hormone in rat. J Complement Integr Med. 2014 Dec; 11(4):253-7. doi: 10.1515/jcim-2014-0006. [Index: Pubmed](#)
52. Mohsen Mazidi, Peyman Rezaie, and **Mohsen Nematy**. The Effects of Ramadan Fasting on Growth Parameters: A Narrative Review. J Fasting Health. 2014; 2(1):41-44. [Index: ISC](#)
53. Maryam Alinezhad Namaghi, Mahdi Hasanzadeh Dalooe, Amir Hosein Khoshnasab, **Mohsen Nematy**, Adeleh Khoshnasab, Javad Farrokhi, Abdolreza Norouzy. Effects of Ramadan Fasting on Ambulatory Blood Pressure in Hypertensive Patients. J Fasting Health. 2014; 2(1):1-6. [Index: ISC](#)
54. Seyede Neda Mousavi, **Mohsen Nematy**, Abdolreza Notouzy, Mohammad Safarian, Fariborz Samini, Ali Birjandinezhad, Elena Philippou, Asghar Mafinejad. Comparison of intensive insulin therapy versus conventional glucose control in traumatic brain injury patients on parenteral Nutrition: a pilot randomized clinical trial, J Res Med Sci. 2014 May; 19(5):420-5. [Index: ISI](#)
55. Vahid Mashayekhi, Marzie Zilaei, Navid Daghighi, **Mohsen Nematy** and Maryam Salehi. Assessment of Obesity in Chronic Plaque Psoriasis Patients in Comparison with the Control Group. World Journal of Medical Sciences_04/2014; 10(4):379-383. [Index: Copernicus](#)
56. Azarpazhooh MR, Kazemi-Bajestani SM, Esmaeili H, Vedadian P, Ebrahimi M, Parizadeh SM, Heidari-Bakavoli AR, Moohebaty M, Safarian M, Mokhber N, **Nematy M**, Mazidi M, Ferns GA, Ghayour-Mehrabani M. Cardiovascular Risk Factors and Nutritional Intake are not associated with Ultrasound-defined Increased Carotid Intima Media Thickness in Individuals without a History of Cardiovascular Events. Int J Prev Med. 2014 Nov; 5(11):1412-21. [Index: ISI](#)
57. Darbandi M, Darbandi S, Owji AA, Mokarram P, Mobarhan MG, Fardaei M, Zhao B, Abdi H, **Nematy M**, Safarian M, Parizadeh MR, Dabbaghmanesh MH, Abbasi P, Ferns G6. Auricular or body acupuncture: which one is more effective in reducing abdominal fat mass in Iranian men with obesity: a randomized clinical trial. J Diabetes Metab Disord. 2014 Dec 5; 13(1):92. [Index: PubMed](#)

58. Seyyed Reza Attarzadeh Hosseini; Samaneh Farahati; Mohammad Ali Sardar; **Mohsen Nematy**. The effect of Ramadan fasting and physical activity on homocysteine and fibrinogen concentrations in overweight women. J Fasting Health Article 2, Volume 2, Issue 4, autumn 2014, Page 136-142. [Index: ISC, SID, DOAJ, EBSCO](#)
59. Sara Baghban, **Mohsen Nematy**, Mohsen Mazidi, Maryam Kamgar, Mohammad Sokhtanloo, Mahmoud Hoseini, Hassan Rakhshande, Abdolreza Norouzy, Habibollah Esmaily. The effect of hydro-alcoholic extract of Artemisia absinthium on appetite in male rats. Avicenna Journal of Phytomedicine. 2015 Mar-Apr; 5(2):78-83. [Index: Pubmed](#)
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۱۸. محمد صفریان، منا سادات شجاعی زاده، مجید غیور مبرهن، حبیب الله اسماعیلی، محسن نعمتی، امیررضا رضوی. بررسی الگوهای غذایی، نمایه تغذیه سالم و عوامل خطر بیماری های سنتی قلبی و عروقی. مجله دانشکده پزشکی دانشگاه علوم پزشکی مشهد دوره ۵۶، شماره ۴ - شماره پیاپی ۴ مهر و آبان ۱۳۹۲. صفحه 226-235

Abstracts in congress:

1. **Nematy, M.**, Hickson, M., Brynes, A., Ruxton, C., & Frost, G. A pilot survey to investigate the nutritional status of patients with a fractured neck of femur and level of nutritional support provided during treatment. Proceedings of the Nutrition Society (0029-6651) 063(01B), 77A, September. 2004, CABI Publishing, UK.
2. **Nematy, M.**, Hickson, M., Brynes, A., Ruxton, C., & Frost, G. A pilot survey to investigate the nutritional status of patients with a fractured neck of femur and level of nutritional support provided during treatment. 12th IRCE, Manchester, UK. 2004, oral presentation.
3. **Nematy, M.**, O'Flynn, J. E., Wandrag, L., Brynes, A. E., Brett, S., & Frost, G. S. Role of gut hormones in acutely ill patients. 13th IRCE, Leeds, UK. 2005, oral presentation.
4. **Nematy, M.**, O'Flynn, J. E., Wandrag, L., Brynes, A. E., Brett, S., & Frost, G. S. Role of gut hormones in acutely ill patients. Proceedings of the Nutrition Society. 2006b, oral presentation.
5. **Nematy, M.**, Brynes, A. E., Hornick, P. I., Brett, S. J., & Frost, G. S. 2006, "Postprandial ghrelin suppression is exaggerated following major surgery; implications for nutritional recovery", Proceedings of The Nutrition Society 2006, oral presentation.
6. **Nematy, M.**, Brynes, A. E., Hornick, P. I., Brett, S. J., & Frost, G. S., "Investigation into gut hormone release following coronary artery bypass grafting; implications for nutritional recovery", 28th ESPEN Congress, PO203, p 115, The European Society for Clinical Nutrition and Metabolism, October 2006.
7. **Nematy, M.**, Hickson, M., Brynes, A.E., Sridhar M, Charles, P. J., Frost, G.S., "Natural history of cytokine response & gut hormone release during acute exacerbation of chronic obstructive pulmonary disease", Thorax, Dec. 2006, 61 (suppl 2) P092, pii 87.
8. **Nematy, M.**, Hickson, M., Brynes, A.E. Charles, P. J., Frost, G.S., 2007, "Appetite controlling gut hormone release during acute exacerbation of chronic obstructive pulmonary disease", 6th Iranian Congress on Lung Diseases & ICU, Tehran-Iran, 17-20 April-2007-p 138-141, Oral presentation.
9. **Nematy, M.**, Brynes, A. E., Hornick, P. I., Brett, S. J., & Frost, G. S. 2007, "Role of gut hormone in appetite control following coronary artery bypass grafting; implications for nutritional recovery" 18th Iranian Congress of Physiology & Pharmacology, Mashhad-Iran, 26-30 August 2007,.p 210.
10. **Nematy, M.**, Release of gut hormones in sick people and the effect on appetite and nutritional status. The 9th Iranian Congress of biochemistry & the 2nd International Congress of Biochemistry and Molecular Biology, Shiraz-Iran, Oct.29-Nov,1, 2007, Volume 10/Number 4 (supplement 1) October 2007, p S7, ISSN 1029-2977, Oral presentation (invited speaker).
11. **Nematy, M.**, Moeinipour, A.A., Brynes, A. E., Hornick, P. I., Brett, S. J., & Frost, G. S., Appetite controlling gut hormone release following coronary artery bypass grafting.

- 5th International Congress of the Iranian Society of Cardiac Surgeons, Tehran-Iran, 20-23 Nov.2007, Physician Abstract Book, p 99.
12. **Nematy, M.**, Moeinipour, A.A., Brynes, A. E., Hornick, P. I., Brett, S. J., & Frost, G. S., Cardiovascular diseases, new discovered gut hormones and metabolic syndrome. 1st Iranian national congress of metabolic syndrome, Tabriz-Iran, 12-13th June 2008.
 13. **Nematy, M.**, Nutrition for the post-renal transplant recipients. Iranian national congress of kidney-transplant. Mashhad-Iran, 16-18th July 2008, oral presentation.
 14. **Nematy, M.**, Vitamin and mineral supplementation, benefits and harms. National Congress of Neonatal & Pediatric Nutrition, Mashhad-Iran, 23-24th July 2008, p 12-13.
 15. **Nematy, M.**, Homaei, F., Norouzy A.R., Association between body mass index and breast cancer in Iranian women. The first international gynecology oncology congress. Mashhad-Iran, 10-12 October 2008, p 108.
 16. **Nematy, M.**, Role of new discovered gut hormones -ghrelin and PYY- in critical care patients and the effect on appetite. Iranian Journal of Nutrition (Mata), Special issue (Supplement) of 10th Iranian Nutrition Congress Oct. 2008, p. 46, oral presentation.
 17. **Nematy, M.**, Homaei, F., Norouzy A.R., Association between body mass index and breast cancer in Mashhadi women. Iranian Journal of Nutrition (Mata), Special issue (Supplement) of 10th Iranian Nutrition Congress Oct. 2008, p. 370.
 18. **Nematy, M.**, Namadchian Z., Norouzy, AR. et al. Glycemic index of 10 common breads in Mashhad city. Iranian Journal of Nutrition (Mata), Special issue (Supplement) of 10th Iranian Nutrition Congress Oct. 2008, p. 282.
 19. **Nematy, M.**, Vitamin and mineral supplementation, benefits and harms Iranian congress of pediatrics and newborn. 23-24 July 2008, p. 135-136
 20. **Nematy, M.**, Homaei, F., Gavam-Nassiri, MR. Siadat, Z., Norouzy A.R., Association between body mass index and breast cancer in Iranian women. Uganda Nutrition Congress, 19-20th Feb. 2009, Kampala, Uganda, p. 58-59, Oral presentation.
 21. **Nematy, M.**, Norouzy A.R., Safarian, M. Ghayour-Mobarhan, M., Abasalty, Z., Namadchian Z., Siadat, Z., Determining glycemic index of ten common breads to find the bread with low glycemic index for preventing cardiovascular disease and better controlling diabetes. The first scientific practical conference risk factors of non-communicable diseases. 6-7 May 2009, Mashhad, Iran, p. 119 (P77), poster presentation.
 22. Safarian, M., Nobakht, F., Saberi, M., Babae, A., Akhlaghi S., **Nematy, M.**, Investigation of micronutrients-iron, zinc and selenium-in Mashhad central prison. Clinical Biochemistry 44(13) · September 2011
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 24. Norouzy, A., **Nematy, M.**, Sabery, M., Yari, F., Shakeri, S., Effect of Ramadan fasting on glycemic control in type 2 diabetic patients on oral hypoglycemic agents. The first

- scientific practical conference risk factors of non-communicable diseases. 6-7 May 2009, Mashhad, Iran, p. 25 (O7), Poster presentation.
25. Norouzy, A., **Nematy, M.**, Sabery, M., Mohajeri, MR, Yari, F., Shakeri, S., Effect of Ramadan fasting on glycemic control in type 2 diabetic patients on oral hypoglycemic agents. Proceeding of the International Congress on Diabetes and its complications. 19-21 May 2009, Yazd, Iran, p. 6 (O11), Oral presentation.
 26. Norouzy, A., **Nematy, M.**, Hashemi, F., Sabery, M., A cross-sectional study of adult malnutrition prevalence in hospitals in northeast Iran. Clinical Nutrition supplements, volume 4 supplement 2, 2009 ISSN 1744-1161, Abstracts of the 31st Espen congress, Vienna, Austria, 29 August-1 September 2009, Poster presentation
 27. **Mohsen Nematy**, Fatemeh Nobakht, Maryam Sabery Karimian, Ali Babae, Mohammad Safarian. Investigation of micronutrients - iron, zinc and selenium - in Mashhad central prison. International Congress of Nutrition, 4-9 October 2009, Bangkok, Thailand. Poster presentation.
 28. Babazadeh, S, **Nematy, M.** Mobarhan, M, Hajifaraji, M. The glycemic index of 10 popular breads in Iran. International Congress of Nutrition, 4-9 October 2009, Bangkok, Thailand. Poster presentation.
 29. Safarian, M., Ghafarian, S, **Nematy, M.** Nutritional status in Mashhad central prison, Iran. International Congress of Nutrition, 4-9 October 2009, Bangkok, Thailand. Poster presentation.
 30. Sepehri Shamloo AL, Ghazi Hosseini P, Goshayeshi G, Babaki D, **Nematy M.** The effects of daily loss of 500 kcal from diet in weight loss. Navid Now Medical Journal, Year 14th, Vol 45, autumn 1388 (2009), p87-94.
 31. Abdolreza Norouzy, Mahta Salehi, Hamid Arabi, Farshid Shiva, Sahar Mehrnoosh, Seyed Mohammad R. Mohajeri, Maryam Sabery, Gary Frost, **Mohsen Nematy**, 2010. Effects Of Ramadan Fasting On Anthropometric Indices, Proceedings of Fasting and Sustainable Health Conference 2010, Penang, Malaysia, pp. 65-72
 32. **Mohsen Nematy**, Zahra Baghestani, Nasim Shahsavan, Rahim Vakili, Habibollah Esmaily. Assessment of Anthropometrics in Girls with Premature Puberty Using Gonadotropin Releasing Hormone Agonists. Iranian obesity Congress Tehran. Aban 88 Oral Presentation.
 33. **Mohsen Nematy**, Ghorbani, Vahid, Zahra Baghestani, Sharifian Mohammad R. Assessment of Anthropometrics post tonsillectomy. Iranian obesity Congress Tehran. Aban 88 Oral Presentation.
 34. Norouzy, A., **Nematy, M.**, Sabery, M., Salehi, M, Mehrnoosh, S, Arabi, H. Shiva, F. Effect of fasting in month of Ramadan on body weight related variables. Iranian obesity Congress Tehran. Aban 88 Poster Presentation.
 35. Sepehri Shamloo, AR., **Nematy, M.**, Effect of 500 kcal reduction of estimated energy requirement on lean body mass and body fat in overweight and obese patients. Iranian obesity Congress Tehran. Aban 88 Poster Presentation.

36. Alinezhad-Nameghi, M, Shakhskalaee, M, Mozhdehifard, M., Sajadi, SS., **Nematy, M.**, Norouzy, A., Effects of Ramadan fasting on cardiovascular risk factors. Annual Research Congress of Iranian Medical Sciences Student. Bandar Abbas-Iran April 20-23 (1389).
37. Alinezhad-Namaghi M, Shakhskalaee M, Mozhdehifard M, Sajjadi S, **Nematy, M.**, Norouzy A, Sabery M., Effects of Ramadan fasting on cardiovascular risk factors. 4th Middle East Cardiovascular Congress (MECC 2010). 3-5 March 2010 Kish, Iran.
38. Norouzy, A., **Nematy, M.**, Sabery, M., Mohajeri, MR., Shakeri, F., Yari, S. Effect of Ramadan fasting on glycemic control in type 2 diabetic patients on oral hypoglycemic agents. Endocrine Abstracts, volume 21, Society for Endocrinology BES 2010, 15-18 March, Manchester, UK, poster presentation.
39. Norouzy, A., **Nematy, M.**, Sabery, M., Salehi, M, Mehrmoosh, S, Arabi, H. Shiva, F. Effect of fasting in month of Ramadan on body weight related variables. Obesity reviews, 11th International Congress on obesity 11-15 July 2010 Stockholm, Sweden, Poster Presentation.
40. Safarian, M., Norouzy, A., **Nematy, M.**, Importance of enteral feeding in seek patients, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Oral Presentation.
41. Seiadat, Z., Norouzy, A. Safarian, M., **Nematy, M.** Naeimi, S., Evaluation of albumin prescription in patients hospitalized in 1000 beds Ghaem Hospital-Mashhad, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Oral Presentation.
42. Shemsheian, M., Barkhidareian, B., SeyedHamze, Sh., Mousavi, SN., Norouzy, A., **Nematy, M.** Evaluation of intravenous feeding in patients Ghaem hospital side patients, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Oral Presentation.
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44. Ghayour-Mobarhan, M., **Nematy, M.**, Safarian, M., Parizadeh, SM., Babazadeh, S., Mouhebati, M., The prevalence of malnutrition and the effect of hospitalization on nutritional status in patients with myocardial infarction in Iran, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.
45. Ghayour-Mobarhan, M., **Nematy, M.**, Safarian, M., Parizadeh, SM., Babazadeh, S., Mouhebati, M., Evaluation of nutritional status in patients with myocardial infarction on admission and discharge with emphasis on oxidative stress, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.
46. **Nematy, M.**, Mohajeri, SAR., Fakhar, Z., AmiriMoghadam, Sh., Safarian, M., Norouzy, A., Parizadeh, SMR., GhavamiSabouri, F., AzarPazhoh, MR., Moemenzade, A., Esmaeili, H., Firouzi, F., Seiadat, Z., Shahsavan, N., HamidiAlamdari, D., Tavalayi, Sh., Ghayour-Mobarhan, M., Nutritional status and oxidant-antioxidant-balance in

patients on admission and discharge in intensive care unit of Ghaem Hospital, Mashad, Iran, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.

47. Norouzy, A., **Nematy, M.**, Hashemi, P., Salehi, M., Amiri, A., Sepehri Shamloo, AR., Deldar, K., Fakhar, Y., Fard Khaleghi, S., Sabery, M., A cross-sectional study of adult malnutrition prevalence in hospitals in northeast Iran, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.
48. SeyedHamze, Sh., Norouzy, A., Barkhidareian, B., Mousavi, SN., Shemsheian, M., Gamkar Sangari, M., **Nematy, M.**, Assessment rate of weighing hospitalized patients in Ghaem Hospital Mashad, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.
49. Mohajeri, SMR., Shakeri, S., Yari, F., **Nematy, M.**, Norouzy, A., Effect of Ramadan fasting on glucose control in patients with type 2 diabetes, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.
50. Salehi, M., Arabi, H., Shiva, F., Mehrnoush, S., Sabery, M., **Nematy, M.**, Norouzy, A., Study the effects of Ramadan fasting on weight and body composition, 11th Iranian Nutrition Congress 1-4 November 2010, Shiraz, Poster Presentation.
51. **Nematy, M.**, Alinezhad-Namaghi, M., Shakhskalaee, M., Mozhdehifard, M., Sajjadi, S., Sabery, M., Norouzy, A., Effects of Ramadan Fasting on Cardiovascular Risk Factors, World Fasting and Health Conference, 20th – 21st December 2010, Penang, Malaysia, Oral Presentation.
52. **Nematy, M.**, Mohajeri, S.M.R., Shakeri, S., Yari, F., Norouzy, A., Effect of Ramadan fasting on glycemic control in type 2 diabetic patients: prospective cohort clinical trial , World Fasting and Health Conference, 20th – 21st December 2010, Penang, Malaysia, Oral Presentation.
53. **Nematy, M.**, Salehi, M., Arabi, H., Shiva, F., Mehrnoosh, S., Mohajeri, S.M.R., Sabery, M., Frost, G., Norouzy, A., Effects of Ramadan fasting on anthropometric indices, World Fasting and Health Conference, 20th – 21st December 2010, Penang, Malaysia, Oral Presentation.
54. **Nematy, M.**, Karimi rad, R., Sabety Baygi, Z., Amini, M., Attaran, D., Norouzy, A., Sabery, M., Effects of Ramadan fasting on spirometric values and clinical symptoms of asthmatic patients; a pilot study, World Fasting and Health Conference, 20th – 21st December 2010, Penang, Malaysia, Oral Presentation.
55. **Nematy, M.**, Afroushte, O., Toosi S.M., Mohamadzade Rezaie M.A., Mohajeri, S.A.R., Sabery M., Norouzy A., Comparison of admitting renal colic patients to emergency ward peri Ramadan month, World Fasting and Health Conference, 20th – 21st December 2010, Penang, Malaysia, Oral Presentation.
56. Z.Siadat , A.Norouzy , **M. Nematy** . M. Safarian. Albumin administration in clinical practice, Ghaem Teaching Hospital, Mashhad. 12th Iranian Congress of Biochemistry

& 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 201. poster

57. SMR.Mohajeri, **M. Nematy**, M.Safarian, M.Sabery Karimian, A.Babae, S.Akhlaghi, A.Shapouri-Moghadam, F.Nobakht. Investigation of micronutrients- iron, zinc and selenium – in Mashhad central prison. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. poster
58. H.Nikroo, R.Hosseini, HR.Sima, **M. Nematy**. Aerobic exercise along with low – caloric diet is more effective than low – caloric diet alone – in treatment of patients with non-alcoholic steatohepatitis. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. Oral
59. N. Shalaey, SAR. Mohajeri, Z. Baghestani, N. Gharbi, **M. Nematy**, R. Vakili. Assessment of anthropometric measurements in girls with true premature puberty using gonadotropin releasing hormone agonists. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. poster
60. M. Nouri, SAR. Mohajeri, M. Nouri, M. Ghayour Mobarhan, **M. Nematy**. Prooxidant – antioxidant balance in a group of hospitalized patients on admission to hospital. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. Poster.
61. A. Shamloo, T. Moghiman, A. Norouzy, **M. Nematy**. Effects of a low calorie diet on weight management. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. poster
62. M. Eghbali, M. Ghayour-Mobarhan, M. Andelibi, A. Akhavan, H. Ardabili, M. Mohamadi, **M. Nematy**, M. Mohebaty, M. Baghshini. Association between dietary intake of sodium and selenium and metabolic syndrome. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. E poster
63. O. Hasani, H. Rakhshandeh, M. Sokhtanloo, A. Norouzy, M. Ghayour- Mobarhan, M. Jomezadeh, M. Kamgar Sangarib, **M. Nematy**. Artemisia absinthian: An appetite induce or suppressor: A case – Control Study on rats. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. E poster
64. Jomezadeh Mohammadreza, Rakhshande Hasan, Norouzi Abdolreza, Soukhtanloo Mohammad, Kamgarsangari Maryam, Hasani Omid, Ghayour Mobarhan Majid, **Nemati Mohsen**. Coriandrum sativum as an appetite inducer: A case–control study on rats. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. E poster
65. Kamgarsangari Maryam, Soukhtanloo Mohammad, Rakhshande Hasan, Norouzi Abdolreza, Ghayour Mobarhan Majid, Jomezadeh Mohammadreza, Hasani Omid, **Nemati Mohsen**. Is Cannabis sativa an effective drug to increase appetite in rats? 12th

Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. E poster

66. Abdi Hamid, Abbasi Parisa, Baixiao Zhao, Majid Ghayour-Mobarhan, Tavallaie Shima, Amir Ali Rahsepar, **Mohsen Nematy**, Mohamoud Safarian, Seyyed Mohammad Reza Parizadeh, Sara Darbandi, Mahsa Darbandi, Maryam Mohammadi, Gordon Ferns. Effects of auricular acupuncture on anthropometric, lipid profile, inflammatory and immunologic markers: A randomized controlled trial study. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. Poster.
67. Amir Ali Rahsepar, Shima Tavallaie, Hamid Abdi, Baixiao Zhao, Parisa Abbasi, **Mohsen Nematy**, Mohamoud Safarian, Seyyed Mohammad Reza Parizadeh, Maryam Mohammadi, Sara Darbandi, Mahsa Darbandi, Majid Ghayour-Mobarhan, Gordon Ferns. Effects of body acupuncture versus auricular acupuncture on anthropometric, lipid profile, inflammatory and immunologic markers: a randomized controlled trial study. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. poster
68. Mahsa Darbandi, Sara Darbandi, Ali Akbar Owji, Pooneh Mokaram, Majid Ghayour Mobarhan, Hamid Abdi, **Mohsen Nematy**, Mohamad Safarian, Mohamad Reza Parizadeh, Parisa Abbasi, Baxiao Zhao, Mehdi Saberfiroozi, Gordon Ferns. The effects of Electro Acupuncture on leptin hormone in Iranian obese and overweight subjects. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. poster
69. Sara Darbandi, Mahsa Darbandi, Majid Ghayour Mobarhan, Pooneh Mokaram, Ali Akbar Owji, Mehdi Saberfiroozi, Hamid Abdi, **Mohsen Nematy**, Mohamad Safarian, Mohamad Reza Parizadeh, Parisa Abbasi, Baxiao Zhao, Gordon Ferns. The effects of auricular acupuncture on leptin hormone in Iranian obese and overweight subjects. 12th Iranian Congress of Biochemistry & 4th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran. Sep 6-9 2011. Poster.
70. **Nematy, M**; Principle and Nutrition support in hospitalized poisoned patients; 11th International Congress of the Iranian Society of Toxicology; 13-15 September 2011; Mashhad-Iran. (Oral Presentation).
71. Bakaiyan. M, **Nematy. M**, Tashakori. B. A, Habibi. M, Afshari. R; Evaluation of plasma cholinesterase and Red Blood Cell Cholinesterase levels in young healthy population of Mashhad. 11th International Congress of the Iranian Society of Toxicology; 13-15 September 2011; Mashhad-Iran. (Poster Presentation).
72. **Mohsen Nematy**, Maryam Kamgar Sangari, Mohammad Raza Jome Zadeh, Omid Hasani, Hasan Rakhshandeh, Mohammad Soukhtanloo, Seyed Mohmoud Hossieni, Abdloraza Norouzy., Can we use Corian drum sativum as an orexigenic Agent?, The 1st American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), 15-17 February 2012, Istanbul / Turkey. (Poster Presentation).
73. **Mohsen Nematy**, Atefeh Jafari, Amir Hoshang Mohammadpour, Hasan Rakhshandeh, Mohammad Soukhtanloo, Seyed Amir Reza Mohajeri, Abdloraza Norouzy, Can we manipulate ghrelin concentration using Achillea Mille folium in rats?, The 1st

American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), 15-17 February 2012, Istanbul / Turkey. (Poster Presentation).

74. **Mohsen Nematy**, seyede Neda Mousavi, Abdolreza Norouzy, Ali Najafi, Mohammad Safarian, Fariborz Samini, Ali Birjandinejad, Comparison of Intensive insulin therapy (reclaimed) versus conventional therapy in patients on parenteral nutrition with traumatic brain injury, The 1st American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), 15-17 February 2012, Istanbul / Turkey. (Poster Presentation).
75. Nikroo H., Attarzade Hosseini SR., Sima HR., **Nematy M.**, The effect of low-caloric diet with or without aerobic Exercise on serum transaminases' levels in patients with Non-Alcoholic Steatohepatitis, The 1st American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), 15-17 February 2012, Istanbul / Turkey. (Poster Presentation).
76. Seyed Amir Reza Mohajeri, Neda shalaei, **Mohsen Nematy**, Zahra Baghestani kozeghar, Nasim Shahsavan Gharbi, Abdolreza Norouzy, Habibollah Esmaily and Rahim Vakili, Assessment of Anthropometric indices in Girls with True Premature Puberty Treated with Gonadotropin Releasing Hormone Agonists, The 1st American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), 15-17 February 2012, Istanbul / Turkey. (Poster Presentation).
77. Seyed Mohammad Reza Mohajeri, Seyed Amir Reza Mohajeri, **Mohsen Nematy**, Shirin Amiri Moghadam, Mohammad Safarian, Abdolreza Norouzy, Seyed Mohammad Reza Parizadeh, Mahmoud Reza Azarpazhooh, Zahra Siadat, Nasim Shahsavan Gharbi and Majid Ghayour Mobarhan., Nutritional status in intensive care unit patients: a prospective clinical cohort pilot study, The 1st American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), 15-17 February 2012, Istanbul / Turkey. (Poster Presentation).
78. **Nematy M.** Evaluation of changes in anthropometric parameters three months after gastric bypass surgery. 2nd American Society for Nutrition Middle East Congress (Nutrition in Health & Disease). February 20- 22, 2013, Dubai, UAE. (Poster Presentation).
79. **Nematy M.** Evaluation of changes in body composition three months after gastric bypass surgery. 2nd American Society for Nutrition Middle East Congress (Nutrition in Health & Disease). February 20- 22, 2013, Dubai, UAE. (Poster Presentation).
80. Maryam Kazemi, **Mohsen Nematy**, Abdolreza Norouzy, Maral Amini, Seyed Amirreza Mohajeri, Amirreza Razavi. Ramadan fasting: Evidence or expert opinion? Results of preliminary studies. J Fasting Health. 2013; 1(2):58-65. Oral presentation. [Index: ISC](#)
81. **Mohsen Nematy**, Seyed Amir Reza Mohajeri, peyman rezaee. Metabolic response in fasting during Ramadan. 10th International Symposium on Nutri Indonesia. 9 August 2015.
82. **Mohsen Nematy**, Seyed Amir Reza Mohajeri, Peyman Rezae, seyed Saeid Khayyatadeh Manshadi. Ramadan fasting, metabolic Response and recent evidences.

Pakistan International Biennial Conference Ramadan and Health. 9th to 11th October 2015.

83. Vahideh Banazadeha , **Mohsen Nematy**, M.D., Ph.D. a,b, Majid Ghayour Mobarhan, M.D., Ph.D. b, Shima Tavallaie, M.Sc. d, Habibollah Esmaily, Ph.D. c, Ali Jangjoo, M.D. d,. The relation between pro-oxidant antioxidant balance and glycolipid profile, 6 months after gastric bypass surgery for Obesity and Related Diseases 14 (2018) 361–367.
84. Vahid Hadi¹, Abdolreza Norouzy², Mostafa Mazaheri Tehrani³, **Mohsen Nematy** ², Saeid Hadi⁴ .Properties of Compact Food Bars: A Review Study. Journal of Nutrition Fasting and Health.

Honors, Awards and Scholarships:

- (۱) رتبه برتر ارزشیابی درونی در دانشگاه علوم پزشکی مشهد ، جشنواره شهید مطهری سال ۱۳۸۹
 - (۲) رتبه گروه برتر آموزشی در حیطه اجرای لاگ بوک الکترونیک در دانشکده پزشکی سال ۱۳۹۰
 - (۳) رتبه گروه برتر آموزشی در زمینه طراحی آزمون در دانشکده پزشکی سال ۱۳۹۰
 - (۴) پژوهشگر موثر در گروه آموزشی علوم تغذیه در جشنواره هفته پژوهش دانشکده پزشکی سال ۱۳۹۱
 - (۵) رتبه اول هیئت علمی آموزشی برتر در جشنواره مطهری سال ۱۳۹۱
 - (۶) کسب رتبه سوم در جشنواره هفته پژوهش دانشگاه ۱۳۹۱ و انتخاب بعنوان پژوهشگر برتر
 - (۷) کسب رتبه اول گروه تغذیه در امتحان جامع علوم پایه سال تحصیلی ۹۰-۹۱
1. Top Rank internal evaluation in Mashhad University of Medical Sciences, Motahari festival 1389.
 2. The best of Group educational in the field of implementation of electronic log books at the School of Medicine, 1390
 3. The best of Group educational in the test design at the School of Medicine, 1390
 4. Effective Researcher in the Department of Nutrition at the festival research week, School of Medicine, 1391
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