

Curriculum Vitae



NAME: Majid

SURNAME: Ghayour-Mobarhan

ADDRESS: Biochemistry & Nutrition Research Center, Cardiovascular Research Centre, Avicenna (Bu-Ali) Research Institute, Mashhad University of Medical Sciences (MUMS), Mashhad, Iran.

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DATE OF BIRTH: 04/04/1970

MARITAL STATUS: Married

QUALIFICATION AND AWARDS:

- 1990-1997 Doctor of Medicine (MD), Mashhad University of Medical Sciences (MUMS), Mashhad, Iran (Awarded higher top grade and the best scientific and ethical student).
- 2001-2003 Part time MSc in Nutritional Medicine, University of Surrey, UK.
- 2001-2004 PhD in Clinical Nutrition, University of Surrey, UK (Iranian government awarded my scholarship for this PhD).
- 2003 The best student presentation prize at nutrition society meeting, 27-28 March, 2003, Glasgow, Scotland, UK
- 2004 I was awarded one semester registration and bench fees back (8000 pounds), as I have finished my PhD 6 month earlier than usual time period.
- 2004 Travel award (500 Euro) for travelling to 74th European Atherosclerosis Society (EAS) congers, Spain
- 2006 I was awarded free registration fee and 1000 \$ as Travel award in 10th International Congress on Obesity; Sydney 2006.
- 2007 The top researcher of MUMS.
- 2008 The third researchers in field of Nutrition in Razi Festival, which is the best festival in Iran.
- 2008 The top researcher of MUMS.
- 2008 My book titled "Effects of Nutrition and Cardiovasular risk on pathegenesis of Atherosclerosis" was selected as the best books of MUMS.
- 2008 The best project in Khoransan Province.

2009	The top researcher of MUMS.
2010	The top researcher of MUMS.
2010	The third best project in Razavi Khorasan Province
2010	Senior lecturee position at Nancy University, France
2010	Associated Professor of MUMS.
2011	The top researcher of MUMS.
2012	The top researcher of MUMS.
2013	The top researcher of MUMS.
2014	The top researcher of MUMS.
2015	The top educationa acamdic staff of MUMS.
2016	Lectureship award by FAOBMB (Sri lanka).

EXPERIENCES:

1994-1996	Member of the Central Committee, which established The Omid Journal of Student Research Assembly (SRA) in MUMS
1993	Assisted in the delivery of workshop of methodology research in health services, 21-29/06/93, Mashhad, Iran
1994	Assisted in the delivery of workshop of how to access medical sources, 15-21/07/94, Mashhad, Iran
1994	I chaired the first hypnotism conference in Iran with hypnotists andexperts in this field and performance of practical hypnotism for participants; 26/12/1995, Mashhad, Iran
1997-2000	Employee of MUMS as a General Practitioner.
2001-2004	Research Fellow in Molecular and Metabolic Medicine at the Surrey County Hospital, Guildford, UK.
2005-2010	Assistant professor of Clinical Nutrition, MUMS, Mashhad, Iran.
2010- Present	Associated of Professor of MUMS
2005- Present	Consultant of Clinical Nutrition, Ghaem Hospital, MUMS, Mashhad, Iran.
2005- 2008	Head of Avicenna (Bu-Ali) Research Institute, MUMS, Mashhad, Iran.
2008- present	Director of new sciences and technology group of MUMS, Mashhad, Iran.
2010-present	Founding member of Cardiovascular Research Center, School of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
2011-2014	Head of Iranian Academic Center for Education, Culture and Research (ACECR) Razavi Khorasan Branch, Iran.
2011	I received Medal of IUBMB
2011	Congress Executive Secretary of 12 th Iranian Congress of Biochemistry and 4 th International Congress of Biochemistry and Molecular Biology, Mashhad, Iran.
2012-present	Founding member of Biochemistry of Nutrition Research Center, School of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.
2013	Prsident of Advances School of IUBMB entiteled Molecular Aspect of Metabolic Syndrome, Mashhad, Iran
2013-present	Funding manager of Class II center for UNESCO.
2016-	Editorial board member of Heighpubs Obesity, Diabetes and Metabolic Syndrome journal.
2016	Full professor of clinical Nutrition, MUMS.

RESEARCH:

MD thesis; "Research on clinical and paraclinical symptoms with thorax deformity in primary and guidance schools of Mashhad"

An investigation of trace element status (i.e. serum concentrations of zinc, copper, and selenium) and the antibody titres against HSPs (i.e. HSP60, HSP65, and HSP70) and their relationship with established coronary risk factors in metabolic syndrome, type II diabetic, dyslipidaemia, smokers and obesity.

Method development for measurement of trace elements, antioxidants and antibody titres; University of Surrey, Guildford, UK, 2001-2003.

Assessment of methods for ascertaining dietary intake; University of Surrey, Guildford, UK, 2001-2003. An investigation of anti-HSP27 as diagnostic marker of MI; Bu-Ali Research Institute, MUMS, Mashhad, Iran, 2005-2007.

Effects of selenium in Pre-eclampsia in Iranian pregnant women, Bu-Ali Research Institute, MUMS, Mashhad, Iran, 2005-2007.

An investigation of traditional and novel coronary risk factors in Iranian population, Avicenna (Bu-Ali) Research Institute, MUMS, Mashhad, Iran, 2005-2007.

I have several joint projects with university of Surrey (UK), UKM, UPK (Malaysia), India and Greece and BUCM (China) with official contract between two universities.

I am in charge of MASHAD (Mashhad Stroke Heart Atherosclerosis Disorder) Study, which is similar to Framingham and PROCAM Study.

Papers;

1. **Ghayour-Mobarhan M**, Lamb DJ, Taylor A, Vaidya N, Livingstone C, Wang T, Ferns. GA. **Effect of statin therapy on serum trace element status in dyslipidaemic subjects.** J Trace Elem Med Biol. 2005;19(1):61-7.**(IF: 2.176)**
2. **Ghayour-Mobarhan M**, New SA, Lamb DJ, Starkey BJ, Livingstone C, Wang T, Vaidya N, Ferns GA. **Dietary antioxidants and fat are associated with plasma antibody titers to heat shock proteins 60, 65, and 70 in subjects with dyslipidemia.** Am J Clin Nutr. 2005 May;81(5):998-1004.**(IF: 6.606)**
3. **Ghayour-Mobarhan, M.**, Lamb, D.J., Vaidya, N., Livingstone, C., Wang, T., Ferns, GA. **Heat shock protein antibody titers are reduced by statin therapy in dyslipidemic subjects: A pilot study.** 2005 Angiology 56 (1), pp. 61-68.**(IF: 0.992)**
4. . **Ghayour-Mobarhan.M.** , Lamb.D.J , Lovell.D.P. , Livingstone.C. , Wang.T. , Ferns.GA. **Plasma antibody titres to heat shock proteins-60, -65 and -70: Their relationship to coronary risk factors in dyslipidaemic patients and healthy individuals.** 2005 Scandinavian Journal of Clinical and Laboratory Investigation 65 (7), pp. 601-613.**(IF: 1.629)**
5. **Ghayour-Mobarhan.M.** , Taylor.A. , New.S.A. , Lamb.D.J. , Ferns.GA. **Determinants of serum copper, zinc and selenium in healthy subjects.** 2005 Annals of Clinical Biochemistry 42 (5), pp. 364-375.**(IF: 2.209)**
6. **Ghayour-Mobarhan. M.**, Lamb, D.J., Vaidya, N., Livingstone, C., Wang, T., Kazemi-Bajestani SM Ferns, G.A. **Measurement of body fat by bio-impedance analysis is significantly affected by physiological factors.** 2006 Avicenna,1-6.
7. Kazemi-Bajestani SM, **Ghayour-Mobarhan. M**, Ebrahimi M, Moohebati M, Esmaeili HA, Parizadeh MR, Aghacizadeh R, Ferns GA. **Serum copper and zinc concentrations are lower in**

Iranian patients with angiographically defined coronary artery disease than in subjects with a normal angiogram. J Trace Elem Med Biol. 2007;21(1):22-8.**(IF: 2.176)**

8. **Ghayour-Mobarhan M**, Lamb DJ, Tavallaie S, Ferns GA. **Relationship between plasma cholesterol, von Willebrand factor concentrations, extent of atherosclerosis and antibody titres to heat shock proteins-60, -65 and -70 in cholesterol-fed rabbits.** Int J Exp Pathol. 2007 Aug;88(4):249-55.**(IF: 2.127)**
9. **Ghayour-Mobarhan M**, Yaghootkar H, Lanham-New SA, Lamb DJ, Ferns GA. **Association between serum CRP concentrations with dietary intake in healthy and dyslipidaemic patients.** Asia Pac J Clin Nutr. 2007;16(2):262-8. **(IF: 1.438)**
10. Kazemi-Bajestani SM, **Ghayour-Mobarhan M**, Ebrahimi M, Moohebati M, Esmaeili HA, Ferns GA. **C-reactive protein associated with coronary artery disease in Iranian patients with angiographically defined coronary artery disease.** Clin Lab. 2007;53(1-2):49-56. **(IF: 0.827)**
11. **Ghayour-Mobarhan, M.**, Taylor, A., Lamb, D.J., Ferns, G.A.A. **Association between indices of body mass and antibody titres to heat-shock protein-60, -65 and -70 in healthy Caucasians.** 2007 International Journal of Obesity .31 (1), pp. 197-2007.**(IF: 5.125)**
12. Alamdari DH, **Ghayour-Mobarhan M**, Tavallaie S, Parizadeh MR, Moohebati M, Ghafoori F, Kazemi-Bajestani SM, Paletas K, Pegiou T, Koliakos G. **Prooxidant-antioxidant balance as a new risk factor in patients with angiographically defined coronary artery disease.** Clin Biochem. 2008 Apr;41(6):375-80.**(IF: 2.043)**
13. Nezhad M A, **Ghayour-Mobarhan M**, Parizadeh M R, Safarian M, Esmaeili H, Khodaee G, Hosseini J, Abasalti Z, Hassankhani B, Ferns G. **Prevalence of type 2 diabetes mellitus in Iran and its relationship with gender, urbanisation, education, marital status and occupation.** Singapore Med J 2008; 49(7):1.**(IF: 0.730)**
14. Yaghoobi N, Al-Waili N, **Ghayour-Mobarhan M**, Parizadeh SMR, Abasalti Z, Yaghoobi Z, Yaghoobi F, Esmaeili H, Kazemi-Bajestani SM, Aghasizadeh R, Saloom KY, Ferns GA. **Natural honey and cardiovascular risk factors; effects on blood glucose, cholesterol, triacylglycerole, CRP, and body weight compared with sucrose.** ScientificWorldJournal. 2008 Apr 20;8:463-9. **(IF: 1.524)**
15. **Ghayour-Mobarhan, M.**, Sahebkar, A., Starkey, B.J., Livingstone, C., Wang, T., Lamb, D.J., Ferns, G.A.A. **Investigation of the effects of statin therapy on serum vitamin E status in patients with dyslipidemia.** Pakistan Journal of Nutrition 2008,7 (4), pp. 561-565. **(Index: CABI, AgroAsia, Biotechnology Abst, MedLit ,World Agri. Database, DOAJ)**
16. **Ghayour-Mobarhan M**, Taylor A, Kazemi-Bajestani SM, Lanham-New S, Lamb DJ, Vaidya N, Livingstone C, Wang T, Ferns GA. **Serum zinc and copper status in dyslipidaemic patients with and without established coronary artery disease.** Clin Lab. 2008;54(9-10):321-9. **(IF: 0.827)**
17. Aliabadi M, Kimiagar M, **Ghayour-Mobarhan M**, Shakeri MT, Nematy M, Ilaty AA, Moosavi AR, Lanham-New S. **Cytokine and growth factor profiling in patients with the metabolic syndrom** Asia Pac J Clin Nutr. 2008;17(2):285-9. **(IF: 1.438)**
18. **Ghayour-Mobarhan.M**, Sahebkar A, Parizadeh SM, Moohebati M, Tavallaie S, Rezakazemi-Bajestani SM, Esmaeili HA, Ferns G. **Antibody titres to heat shock protein 27 are elevated in patients with acute coronary syndrome.** Int J Exp Pathol. 2008 Jun;89(3):209-15. **(IF: 2.127)**

19. Azimi-Nezhad M, **Ghayour-Mobarhan M**, Safarian M, Esmaile H, Parizadeh SM, Rajabi-Moghadam M, Gholami A, Reza Oladi M, Ferns GA., **Metabolic syndrome: Its prevalence and relationship to socio-economic parameters in an Iranian population.** Nutrition, Metabolism and Cardiovascular Diseases2008; 18 (3), pp. e11-e12. **(IF: 3.438)**
20. **Ghayour-Mobarhan M**, Shapouri-Moghaddam A, Azimi-Nezhad M, Esmaeili H, Parizadeh SM, Safarian M, Kazemi-Bajestani SM, Khodaei GH, Hosseini SJ, Parizadeh SM, Ferns GA. **The relationship between established coronary risk factors and serum copper and zinc concentrations in a large Persian cohort.** J Trace Elem Med Biol. 2009;23(3):167-75.**(IF: 2.176)**
21. Parizadeh SM, Moohebati M, Ghafoori F, **Ghayour-Mobarhan M**, Kazemi-Bajestani SM, Tavallaie S, Azimi-Nezhad M, Ferns GA. **Serum selenium and glutathione peroxidase concentrations in Iranian patients with angiography-defined coronary artery disease.** Angiology. 2009 Apr-May;60(2):186-91. **(IF: 0.992)**
22. **Ghayour-Mobarhan M**, Alamdari D, Moohebati M, Sahebkar A, Nematy M, Safarian M, Azimi-Nezhad M, Parizadeh SM, Tavallaie S, Koliakos G, Ferns G. **Determination of Pro-Oxidant-Antioxidant Balance After Acute Coronary Syndrome Using a Rapid Assay: A Pilot Study.** Angiology. 2009 ;60(6):657-62.**(IF: 0.992)**
23. Seyyed Mohammad Reza Parizadeh ; Reza Shafiee-Nick ; Maryam Sabery-Karimian ; Majid Ghayour-Mobarhan ; Gordon A.A. Ferns. **Investigating the Metabolic Effects of the Cyclic Nucleotide Phosphodiesterase Inhibitors on Immature balb/c Mice.** Pakistan Journal of Nutrition. 2010; 9(8): 776-780. **(Index: CABI, AgroAsia, Biotechnology Abst, MedLit ,World Agri. Database, DOAJ, Thomson Reuters)**
24. Tara F, Maamouri G, Rayman MP, Ghayour-Mobarhan M, Sahebkar A, Yazarlu O, Ouladan S, Tavallaie S, Azimi-Nezhad M, Shakeri MT, Boskabadi H, Oladi M, Sangani MT, Razavi BS, Ferns G. **Selenium supplementation and the incidence of preeclampsia in pregnant Iranian women: a randomized, double-blind, placebo-controlled pilot trial.** Taiwan J Obstet Gynecol. 2010 Jun;49(2):181-7.**(IF=0.947)**
25. **Ghayour-Mobarhan M**, Sahebkar A, Vakili R, Safarian M, Nematy M, Lotfian E, Khorashadizadeh M, Tavallaie S, Dahri M, Ferns G. **Investigation of the effect of high dairy diet on body mass index and body fat in overweight and obese children.** Indian J Pediatr. 2009 Nov;76(11):1145-50.**(IF: 0.502)**
26. Ebrahimi M, **Ghayour-Mobarhan M** ☐, Rezaiean S, Hoseini M, Parizade SM, Farhoudi F, Hosseininezhad SJ, Tavallaei S, Vejdani A, Azimi-Nezhad M, Shakeri MT, Rad MA, Mobarra N, Kazemi-Bajestani SM, Ferns GA. **Omega-3 fatty acid supplements improve the cardiovascular risk profile of subjects with metabolic syndrome, including markers of inflammation and autoimmunity.** Acta Cardiol. 2009 Jun;64(3):321-7.**(IF: 0.650)**
27. **Ghayour-Mobarhan, M.**, Rahsepar, A.A., Tavallaie, S., Rahsepar, S., Ferns, G.A.A. **The Potential Role of Heat Shock Proteins in Cardiovascular Disease. Evidence from In Vitro and In Vivo Studies.** Advances in Clinical Chemistry. 2009; 48: 27-72.**(IF: 3.263)**
28. Alamdari, D.H, Honarmand, M., Sarrafnejad, A., Varasteh, A., Parizadeh, M.R., **Ghayour-Mobarhan, M.**, Fahimi, D., (...), Koliakos, G. **Oxidative stress modulation immediately after hemodialysis,** Dialysis and Transplantation. 2009; 38 (9): 354-358.**(IF:0.132)**

29. Safarian, M., Vakili, R., Sahebkar, A., Nemati, M., Dahri, M., Tavallaie, S., Lotfian, E., (...), **Ghayour-Mobarhan M, Effect of a high dairy diet on serum antibody titers to heat shock protein 27 in overweight and obese children**, Iranian Journal of Pediatrics 2009;19(1): 41-46. **(IF: 0.502)**
30. Mirhosseini NZ, Yusoff NA, Shahar S, Parizadeh SM, **Ghayour-Mobarhen M**, Shakery MT. **Prevalence of the metabolic syndrome and its influencing factors among adolescent girls in Mashhad, Iran.** Asia Pac J Clin Nutr. 2009;18(1):131-6. **(IF: 1.438) 4.2**
31. Esmaeily, H., Azimi-Nezhad, M., **Ghayour-Mobarhan, M.**, Parizadeh, M.-R., Safarian, M., Parizadeh, M.-J., Hassankhani, B., (...), Ferns, G. **Association between socioeconomic factors and obesity in Iran**, Pakistan Journal of Nutrition. 2009; 8 (1): 53-56. **(Index: CABI, AgroAsia, Biotechnology Abst, MedLit, World Agri. Database, DOAJ, Thomson Reuters)**
32. Azimi-Nezhad M, **Ghayour-Mobarhan M**, Safarian M, Esmailee H, Parizadeh SM, Rajabi-Moghadam M, Gholami A, Reza Oladi M, Ferns GA. **Anthropometric indices of obesity and the prediction of cardiovascular risk factors in an Iranian population.** ScientificWorldJournal. 2009 Jun 12;9:424-30. **(IF:1.524)**.
33. Ebrahimi M, Kazemi-Bajestani SM, **Ghayour-Mobarhan M**, Moohebati M, Paydar R, Azimi-Nezhad M, Esmaile HO, Ferns GA. **Metabolic syndrome may not be a good predictor of coronary artery disease in the Iranian population: population-specific definitions are required.** ScientificWorldJournal. 2009 Feb 14;9:86-96. **(IF:1.524)**
34. Nemati M, Sakhdari A, Ahmadi-Moghaddam P, Aliabadi M, Kimiagar M, Ilaty AA, Azimi-Nezhad M, Shakeri MT, **Ghayour-Mobarhan M**, Sahebkar A, Ferns GA. **Prevalence of obesity and its association with socioeconomic factors in elderly Iranians from Razavi-Khorasan province.** ScientificWorldJournal. 2009 Nov;9:1286-93**(IF:1.524)**
35. Azimi-Nezhad M, **Ghayour-Mobarhan M**, Safarian M, Esmailee H, Parizadeh SM, Rajabi-Moghadam M, Gholami A, Reza Oladi M, Ferns GA. **Newly detected hypertension in an Iranian population : An epidemiologic study.** Asian Biomedicine. December 2009; 3(6): 653-662.**(IF:0.248)**
36. Naghmeh-Zahra Mirhosseini*; Noor Aini, Mohd Yusoff; Suzana Shahar; Mohammad Reza Parizadeh ; **Majid Ghayour Mobarhen**; Mohammad Taghi Shakery. Prevalence of metabolic syndrome and its influencing risk factors among Iranian adolescent girls. Asian Pacific Journal of Clinical Nutrition. 2009, 18 (1): 131 – 136.
37. Azarpazhooh MR, Mobarra N, Tavallaie S, Bagheri M, Rahsepar AA, **Ghayour-Mobarhan M**, Sahebkar A, Ferns G ,A. **Serum High Sensitive C-Reactive Protein and Heat Shock Protein 27 Antibody Titers in Stroke Patients and 6-Month Prognosis: Pilot Study.** Angiology, 2010 Aug;61(6):607-12. Epub 2010 Feb 10.**(IF: 0.992)**
38. Moohebati M, Falsoleiman H, Dehghani M, Fazlinezhad A, Hassanzadeh Daloe M, Esmaeli H, Parizadeh SM, Tavallaie S, Rahsepar AA, Paydar R, Kazemi-Bajestani SM, Pourghadam-Yari H, Rad MA, Zoghdar-Moghadam T, **Ghayour-Mobarhan M** ☒, Ferns GA. **Serum Inflammatory and Immune Marker Response After Bare-Metal or Drug-Eluting Stent Implantation Following Percutaneous Coronary Intervention.** Angiology. 2011 Feb;62(2):184-90. Epub 2010 Aug 16.**(IF: 0.992)**
39. Kelishadi R., Ziae V., Ardalan G., Namazi A., Noormohammadpour P., **Ghayour-Mobarhan M.**, Sadraei H., Mirmoghtadaee P., Poursafa P. **A National Experience on Physical Activity**

Initiatives for Adolescent Girls and their Mothers: CASPAIN Study. Iran J Pediatr 2010; 20(4); 420-426. **(IF: 0.148)**

40. Boskabadi H, Maamouri G, Sadeghian MH, **Ghayour-Mobarhan M**, Heidarzade M, Shakeri MT, Ferns G. **Early diagnosis of perinatal asphyxia by nucleated red blood cell count: a case-control study.** Arch Iran Med. 2010 Jul;13(4):275-81. **(IF: 1.348)**
41. Alavi-Shahri, J., Behravan, J., Hassany, M., Tatari, F., Kasaian, J., Ganjali, R., Tavallaie, S., Sabouri, S., Sahebkar, A., Oladi, M., Mirhosseini, N., Shakeri, M.T., Montaser-Kouhsari, S., Omidvar Tehrani, S., **Ghayour-Mobarhan.M.**, Visvikis-Siest, S., **Association Between Angiotensin II Type 1 Receptor Gene Polymorphism and Metabolic Syndrome in a Young Female Iranian Population.** Archives of Medical Research 2010: **41** (5) pp. 343-349. **(IF: 1.986)**
42. Tara F, Rayman MP, **Ghayour-Mobarhan M**, Sahebkar A, Yazarlu O, Ouladan S, Tavallaie S, Azimi-Nezhad M, Shakeri MT, Teymouri MS, Gholizadeh F, Oladi M, Boskabadi H, Alamdar DH, Ferns G.. **Prooxidant-Antioxidant Balance in Pregnancy: A Randomized Double-Blind Placebo-Controlled Trial of Selenium Supplementation.** J Perinat Med. 2010 Sep;38(5):473-8. **(IF: 1.871)**
43. Assali A, Behravan J, Paydar R, Mouhebati M, Hassani M, Kasaeyan J, Tatari F, Tavallaie S, Sahebkar A, Oladi M, Azimi-Nezhad M, **Ghayour-Mobarhan M**, Esmaeili HA, Ferns G., **Association between Angiotensin II Type 1 Receptor A1166C Polymorphism and the Presence of Angiographically-Defined Coronary Artery Disease in an Iranian Population.** Asian Biomedicine, 2010; 4(2) 307-314. **(IF:0.248)**
44. Tara F, Rayman MP, **Ghayour-Mobarhan M**, Sahebkar A, Yazarlu O, Ouladan S, Tavallaie S, Azimi-Nezhad M, Shakeri MT, Boskabadi H, Oladi M, Ferns G. **Selenium supplement and premature rupture of membrane:A randomized double blind placebo-controloed trail.** J Obstet Gynaecol. 2010 Jan;30(1):30-4. **(IF:0.440)**
45. Borai A, Livingstone C, **Ghayour-Mobarhan M**, Abuosa A, Shafi S, Mehta S, Heidari A, Emadzadeh A, Wark G, Ferns G. **Serum insulin-like growth factor binding protein-1 (IGFBP-1) phosphorylation status in subjects with and without ischaemic heart disease.** Atherosclerosis. 2010 Feb;208(2):593-8. Epub 2009 Aug 13. **(IF: 4.086)**
46. Azarpazhooh MR, Etemadi MM, Donnan GA, Mokhber N, Majdi MR, **Ghayour-Mobarhan M**, Ghandehary K, Farzadfar MT, Kiani R, Panahandeh M, Thrift AG. **Excessive incidence of stroke in Iran: evidence from the Mashhad Stroke Incidence Study (MSIS), a population-based study of stroke in the Middle East.** Stroke. 2010 Jan;41(1):e3-e10. **(IF:5.756)**
47. Boskabadi H, Ebrahimi M, Maamouri G, **Ghayour-Mobarhan M**, Esmaeily H, Sahebkar A, Ferns GAA,. **Neonatal hypernatremia and dehydration in infants receiving inadequate breastfeeding.** Asia Pac J Clin Nutr. 2010;19(3):301-7. **(IF: 1.438)**
48. Pourghadamayari H, Moohebati M, Parizadeh SM, Falsoleiman H, Dehghani M, Fazlinezhad A, Akhlaghi S, Tavallaie S, Sahebkar A, Paydar R, **Ghayour-Mobarhan M** ☐, Ferns GA. **Serum antibody titers against heat shock protein 27 are associated with the severity of coronary artery disease.** Cell Stress Chaperones. 2011 May;16(3):309-16. Epub 2010 Nov 25. **(IF: 3.162)**
49. Moohebati M, Bidmeshgi S, Azarpazhooh MR, Hassanzadeh Daloe M, **Ghayour-Mobarhan M**, Tavallaie S, Amini M, Momenzadeh A, Sahebkar A, Paydar R, Rahsepar AA, Parizadeh SMR, Ferns GAA. **Simvastatin treatment reduces heat shock protein 60, 65 and 70 antibody titres in**

dyslipidemic patients: A randomized, double-blind, placebo-controlled, cross-over trial. Clin Biochem. 2011 Feb;44(2-3):192-7. Epub 2010 Sep 26. [\(IF:2.043\)](#)

50. Mokhber N, Namjoo M, Tara F, Boskabadi H, Rayman MP, **Ghayour-Mobarhan M**, Sahebkar A, Majdi MR, Tavallaie S, Azimi-Nezhad M, Shakeri MT, Nemati M, Oladi M, Mohammadi M, Ferns G. **Effect of supplementation with selenium on postpartum depression: a randomized double-blind placebo-controlled trial.** J Matern Fetal Neonatal Med. 2011 Jan;24(1):104-8. Epub 2010 Jun 8. [\(IF:2.071\)](#)

51. Boskabadi H, Rezagholizadeh Omran F, Tara F, Rayman MP, **Ghayour-Mobarhan M**, Sahebkar A, Yazarlu O, Ouladan S, Tavallaie S, Azimi-Nezhad M, Shakeri MT, Alamdar DH, Kiani M, Oladi M, Safarian M, Teymouri M, Ferns G. **Evaluation of Maternal selenium supplementation on the Level of Oxidative Stress and Incidences of Outcomes in newborns.** Iranian Red Crescent Medical Journal 2010;12(3) 1-6. [\(IF:0.360\)](#)

52. Rajabi-Mashhadi MT, Ebrahimi E, **Ghayour-Mobarhan M**, Moohebati M, Boskabadi MH, Kazemi-Bajestani SMR, Sahebkar., **Prevalence of chest wall deformities in large sample of Persian children aged between 7-14 years old.** Iranian Journal of Pediatrics, 2010; 20(2) 221-224. [\(IF:0.148\)](#)

53. Falsoleiman H, Dehghani M, Moohebati M, Fazlinezhad A, Daloe MH, Alamdar DH, Esmaily HO, Parizadeh SM, Tavallaie S, Rahsepar AA, Paydar R, Kazemi-Bajestani SM, Pourghadam-Yari H, Parizad PA, **Ghayour-Mobarhan M**, Ferns GA. **Changes in pro-oxidant-antioxidant balance after bare metal and drug eluting stent implantation in patients with stable coronary disease.** Clin Biochem. 2011 Feb;44(2-3):160-4. Epub 2010 Nov 9. [\(IF:2.043\)](#)

54. Mokhber N, Namjoo M, Tara F, Rayman MP, **Ghayour-Mobarhan M✉**, Sahebkar A, Yazarlu O, Ouladan S, Tavallaie S, Azimi-Nezhad M, Shakeri MT, Boskabadi H, Nemati M, Oladi M, Ferns G. **Evaluation of Maternal selenium supplementation on the Level of Oxidative Stress and Incidences of Outcomes in Newborns.** Journal of Maternal-Fetal and Neonatal Medicine. 2010 [In Press]. [\(IF:2.071\)](#)

55. Boskabadi H, Tavakol afshari J, **Ghayour-Mobarhan M**, Maamouri G, Shakeri MT, Sahebkar A, Gordon Ferns, **Association Between Serum Interleukin-6 Levels and Severity of Perinatal Asphyxia.** Asian Biomedicine. February 2010; 4(1): 79-85. [\(IF:0.248\)](#)

56. Boskabadi.H, Rezagholizade-Omran.F, Tara.F, Rayman.MP, **Ghayour-Mobarhan.M**, Sahebkar.A, Tavallaie.S, Shakeri.MT, Alamdar.DH, Kiani.M, Razavi.BS, Oladi.M,G Ferns. **The effect of maternal selenium supplementation on pregnancy outcome and the level of oxidative stress in neonates.** Iranian Red Crescent Medical Journal.2010;12(3):1-6. [\(IF:0.360\)](#)

57. **Ghayour-Mobarhan M**, Kazemi-Bajestani S.M.R., Ferns G.A.A. **Lipid Clinics are urgently required in the Iranian Public Health System.** Int J Prev Med. 2010 Summer;1(3):172-5. [\(Pubmed\)](#)

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Membership of Society

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4. Iranian Biochemistry Society

English Chapter book:

M. Ghayour-Mobarhan, SH. Mohammadi, M. Shemshian, N. Mousavi, AA. Rahsepar, M. Moohebati, A. Sahebkar,GAA. Ferns. **Dietary Intervention for Acute Coronary Syndrome.** Chapter 9.

Books:

1. A.H. Sahebkar and M. Ghayour-Mobarhan; Interaction between Hebal, Drugs and supplements; 2010.
2. M. Ghayour-Mobarhan et al. Dietary advice for patients with kidney disorders; 2011 (In press).
3. M. Ghayour-Mobarhan; Effects of Nutrition and Cardiovasular risk on pathegenesis of Atherosclerosis; 2008 (MUMS) (Reprint towice).
4. M. Ghayour-Mobarhan, AA. Rahsepar, S. Tavallaie, S. Rahsepar, GAA. Ferns, Chapter 2, The Potential Role of Heat Shock Proteins in Cardiovascular Disease. Evidence from In Vitro and In Vivo Studies. Advances in Clinical Chemistry, 2009 48, pp. 27-72.
5. M. Ghayour-Mobarhan, M. Ramazani, and AH Sahebkar; Interaction between micronutrients and drugs; 2008. (Reprint towice).
6. M. Ghayour-Mobarhan; A.Mirzaee; Healthy Nutrition Healthy Heart; 2008 (Reprint three times)

7. M. Ghayour-Mobarhan, and M. Sima; Dietary advice for patients with gastrointestinal disorder; 2008.
8. M. Ghayour-Mobarhan, and M. Assadzadeh; Dietary advice for diabetic patients; 2007.
9. M. Ghayour-Mobarhan, and M. Abbaszadegan; Nutrition and genetic (Translated Book from English to Persian); 2006.
10. M. Ghayour-Mobarhan, and B. Abbasi; How can you prevent from coronary heart disease by dietary advice; 2006.
11. A.Heshmaty,M.Ghayour-Mobarhan and M.Nemati, Dyslipoproteinemia Strategies for Diagnosis and Therapy, under published , (Translated Book from English to Persian)
12. Amir Avan,* Mina Maftouh, Majid Ghayour-Mobarhan, Godefridus J. Peters and Elisa Giovannetti3,4,*Pancreatic Cancer: Prevention, Detection and Treatment .2016

13.

Thesis:

Supervisors	Design and construction of hepatitis c chimeric viruses via substitution of variable regions of E2 protein of the JFH1 virus by the corresponding areas of HCV genotype 1 and 3, as well as evaluation of their infectivity in the HCV cell culture system (HCVcc).	494-A	Ph.D-Biotechnology	Faeze Ghasemi	-
Supervisors	Effects of FGF-1-overexpressing adipose-derived mesenchymal autologous stem cells (MSC FGF-1) on isoproterenol-induced acute myocardial infarction in rats	548-A	Ph.D-Biotechnology	Javad Hoseini	-
Supervisors	Evaluation of association between 11 locus polymorphisms and plasma inflammatory cytokines concentrations in patients with metabolic syndrome and angiography documented coronary artery disease; a case control study	537-A	Ph.D- Molecular Medicine	Reza Mirhafez	-
Supervisors	Investigation of paracrine effect of mesenchymal stem cells in wound healing using coculture of keratinocytes and mesenchymal	543-A	Ph.D- Molecular Medicine	Marziye Lotfi	-

* Corresponding authors: Amir Avan, PhD, Molecular Medicine group, Department of Modern Sciences and Technologies, School of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran. Tel:+9851138002298, Fax: +985118002287; Email: avana@mums.ac.ir; amir_avan@yahoo.com

Elisa Giovannetti, MD, PhD, Dept. Medical Oncology, VU University Medical Center Cancer Center Amsterdam, De Boelelaan 1117, 1081 HV Amsterdam, The Netherlands, Tel: (31) - 20 - 4442633 Fax: (31) - 20 - 4442267; E-mail: e.giovannetti@vumc.nl, elisa.giovannetti@gmail.com

Supervisors	stem cells on chitosan scaffold in rat The effect of Selenium supplement in the prevention of preeclampsia in 100 pregnant women admitted to Omolbanin Hospital from Feb 2006 to Feb 2007	6045	MD Omid Yazarlo	2007
Supervisors	The effect of Selenium supplement in the prevention of preeclampsia in 100 pregnant women admitted to Omolbanin Hospital from Feb 2006 to Feb 2007	6045	MD Sheida Oladan	2007
Supervisors	Effect of omega-3 on risk factors of cardiovascular diseases in subjects aged 40-70 years old in Mashhad (shahrak shahid beheshti) during 2005-2006	6155	MD Samane Rezaeian	2009
Supervisors	Effect of omega-3 on risk factors of cardiovascular diseases in subjects aged 40-70 years old in Mashhad (shahrak shahid beheshti) during 2005-2006	6155	MD Maryam hoseini	2009
Supervisors	Correlated between hscRp and CAD in Iranian patients with angiography document ed coronary artery disease	6233	MD Mohadese Hassani	2008
Supervisors	The Effects of selenium supplementation on serum Plasminogen Activator Inhibitor-1/ Plasminogen Activator Inhibitor-2 in the pregnant women	6382	MD Elahe Heydari	2011
Supervisors	Impact of uncomplicated pregnancy on Levels of oxidative stress in women : evidence from prooxidant-antioxidant balance analysis	6478	MD Mahdiye Moeini	2010
Supervisors	The effects of anthropometric indices on cardiovascular disease risk factors in Mashhad adult population aged between 35 - 65 years old	6525	MD Mahdiye Rajabi Moghadam	2012
Supervisors	Prevalence of Metabolic Syndrome in Mashhad	6524	MD Arezo gholami	2011
Supervisors	Study of relation between nutrition habits and vascular disorders based on Carotid Artery Duplex Scan among residents of Mashhad.	6606	MD Payam vedadian	2011
Supervisors	Evaluation of food analysis in coronary artery disease based on	6723	MD Ramin Nazemi Nejad	2012

Supervisors	Angiography compaire with control groups The Effect of selenium supplement on anti Hsp27 in women with high risk preeclampsia	6870	MD	Aliakbar Zahani	-
Supervisors	Comparison of plasma inflammatory cytokines concentrations in healthy adults and hypertensive patients	7046	MD	Mahbobe Disfani	Feze -
Supervisors	Investigating of daily consumption of honey on risk factors of cardiovascular patints with obesity	5845	MD	Narjes Yaghobi	sadat 2006
Supervisors	Investigating the prevalence of metabolic syndrome in Khorasan province between age 25-64	209-A	M.Sc - MPH	Mohsen Aziminejad	
Supervisors	Evaluation of prevalence of serum zinc and copper deficiency in 25-64 years old people in khorasan province in 2005	212-A	M.Sc -Health Education	Abas Shapoumoghadam	2008
Supervisors	Investigation of changes in antibody titers to heat-shock proteins (HSP) after Saffron consumption in subjects with established metabolic syndrome	323-A	M.Sc - Biochemistry	Maryam Shemshian	2011
Supervisors	Comparision of nutrient intake between patient with metabolic syndrome and healthy subjects in Mashhad city	369-A	M.Sc -Nutrition Sciences	Sodabe Moetamed	2012
Supervisors	Study the level of proinflammatory and angiogenic cytokines in normal, obese, diabetics) type II (and obese-diabetics) type II (cases in Ghaem nutrition clinic during 1391	450-A	M.Sc -Nutrition Sciences	Maryam Azizian	
Supervisors	Survey The Changes Of Antibody Titers To Heat-shock Proteins (Hsp) In Subjects With Established Metabolic Syndrome After Consumption Barberry	429-A	M.Sc -Nutrition Sciences	Marziye Zilaei	-
Supervisors	Investigation of relation nutrition intake and dietary patterns with depression in Mashhad population	430-A	M.Sc -Nutrition Sciences	Zarin Banikazemi	-
Supervisors	Effect of Radiofrequency and Cavitation on Biochemical Markers and Body Contouring In Overweight and Obese People		M.Sc -Nutrition Sciences	Mahsa Mohammadzadeh	-
Supervisors	Effect of Radiofrequency and Cavitation on Biochemical Markers and Body Contouring In Overweight and Obese People		M.Sc -Nutrition Sciences	Samira Nasrfard	-
Supervisors	Investigation of relation nutrition		M.Sc -Nutrition	Zahra Ghanei	-

Supervisors	intake and dietary patterns with anxiety in Mashhad population Preparation, characterization, and investigation of hydrogel containing curcumin Evaluation of the trace elements (copper and zinc) in serum of patients with pemphigus vulgaris who are admitted in dermatology clinic of Ghaem hospital during 2007 to 2008 Relationship between anti-Heat Shock Protein 27 and the outcome in coronary artery bypass grafting patients Investigation of the nutritional status on admission and discharge in patients hospitalized in Imam Reza hospital of Mashhad Selenium Status in Mashhdian Individuals Designing the list of Iranian specific food frequency questionnaire Evaluation of metabolic syndrome and its relationship with cardiovascular diseases according angiography in Mashhad	Sciences M.Sc - Nutrition Sciences	Mohsen Mazidi	-
Supervisors	6160	MD	Alireza Tagi	2008
Supervisors	6469	MD	Amirali Rahsepar	2011
Supervisors	6476	MD	Mahsa Hajizadeh	2010
Supervisors	6526	MD	Homa Hoseinpour	2011
Supervisors	MD	Amirreza Mohajeri		
Supervisors	5800	MD	Mohammad Reza Kazemi Bajestani	2005
Supervisors	2040-T	specialty - psychology	Masoud Namjo	2009
Supervisors	2407-T	specialty - Cardiology	Maryam Alavi	2011
Supervisors	2466-T	specialty - Internal	Raziye Ayati	2012
Supervisors	2707-T	Specialty-Internal	Mohsen Sedighi Shamsi	2013
Supervisors	2845-T	specialty - Internal	Farzane Fkhraei	-
Supervisors		specialty - Psychology	Alireza Hamzei	-

Supervisors	Evaluation of relationship between serum levels of anti -Hsp in the CVA patients and 6 months prognosis in this patients	246-A	M.Sc - Biochemistry	Naser Mobara	2088
Supervisors	Evaluation of the relationship between serum level of anti-Heat Shock Protein 27 and prooxidant-antioxidant balance in Coronary Artery Disease based on Angiograph compaire with control groups.	296-A	M.Sc - Biochemistry	Hosein Pourghadamayari	2011
Supervisors	effectiveness of hospital-prepared enteral tube feeding vs. standard formula in trauma patients of intensive care unit	324-A	M.Sc -Nutrition Sciences	Shirin Hamze	Seyed 2011
Supervisors	Investigation of dietary patterns and it's relation with cardiovascular risk factors in Mashhad population	371-A	M.Sc -Nutrition Sciences	Mona Shojaeizadeh	sadat 2012
Supervisors	Dietry patterns and its relationship with socioeconomic status in population of Mashhad aged 35-65 years old.	496-A	M.Sc -Nutrition Sciences	Somaye Zamani	-
Supervisors	Determination of normal range of serum anti-hsp27antibodies in normal adults in the Mashhad, Iran	562-A	M.Sc - Biochemistry	Mehrdad Kargari	-
Supervisors	Synthesis of specific DNA aptamer against HPV16 and superparamagnetic iron oxide nanoparticle- aptamer-bioconjugate using PLGA copolymers as a cisplatin carrier and evaluation of their effects on tumor cell culture	517-A	Ph.D- Molecular Medicine	Ayda Gholobi	-
Advisers	Evaluation pf perinatal selenium supplementation on newborn outcome	6259	MD	Farzane gholizadeh	Reza 2009
Advisers	comparison of nutritional analysis between the cardiovascular patients and the healthy controls	6596	MD	Vagharr Bangesh	Hosein 2012
Advisers	comparison of nutritiona l nalysis in hypertension group with healthy subjects in Mashhad city	6684	MD	Zahra Namadchian	2013
Advisers	Study of relationship between trace elements serum level and dependent enzymes and acute ischemic stroke risk	6733	MD	Faride Shekarchian	2012
Advisers	Evaluation of the serum level of Anti-Oxidized Low Density	6755	MD	Vahid Kabiri Rad	2013

Advisers	Lipoprotein in Coronary Artery Disease based on Angiography compare with control group Comparison of plasma concentration of inflammatory markers between smokers and non smokers	MD Elahe Kavossi	-
Advisers	effect of acupuncture on liver enzymes and albumin in overweight and obese subjects Assessment of the changes in serum selenium, zinc, copper and superoxide dismutase levels before and after cardiac surgery in patients undergoing off and on-pump coronary artery bypass grafting and valve replacement surgery	MD Somaye Akbari	-
Advisers	Evaluating of oral or enteral nutritional support before and after surgery in clinical improvement in the patients with gastric cancer Evaluation of the correlation between trace element(copper, zinc& selenium) serum levels and systemic lupus erythematosus disease activity	MD Zahra Moravej	-
Advisers	Evaluating of oral or enteral nutritional support before and after surgery in clinical improvement in the patients with gastric cancer Evaluation of the correlation between trace element(copper, zinc& selenium) serum levels and systemic lupus erythematosus disease activity	MD Alireza Derakhshan	-
Advisers	Effects of Ginseng Root Extract on Serum Lipid Profile , hsCRP and prooxidant- antioxidant level in Human	2431-T specialty - Internal	Massoud Abrishami 2012
Advisers	Study the level of heat shock protein antibody with molecular weight 27 KDa in patients with schizophrenia before and after 6 weeks of antipsychotic treatment	2439-T specialty - Cardiology	Morteza Manavifar 2011
Advisers	Assessment of new coronary risk factors in obese and adolescence in comparison with control group evaluation of oxidant and antioxidant balance in the perinatal Asphyxia	2452-T specialty - Psychology	Farzad Akbarzadeh 2011
Advisers	evaluation of the effect of Heat Shock Protein 27(HSP27 protein) level and High level of Oxidant-Antioxidant on 2 years prognosis in patients with Breast Cancer	2429-T specialty - Pediatrician	Samane Kozegaran 2011
Advisers	Comparison of level of heat shock protein antibody with molecular weight 27 KDa between patients with Alzheimer disease and	2464-T specialty - Pediatrician	Abbas Navaei 2011
Advisers	evaluation of the effect of Heat Shock Protein 27(HSP27 protein) level and High level of Oxidant-Antioxidant on 2 years prognosis in patients with Breast Cancer	2710-T specialty – Radiotherapy	Mojtaba Tasbandi 2012
Advisers	Comparison of level of heat shock protein antibody with molecular weight 27 KDa between patients with Alzheimer disease and	2728-T specialty - Psychology	Mohammad Kiani -

Advisers	Vascular dementia Serum zinc, copper and Zn/Cu SOD levels in women with second trimester abortion and normal pregnancy Association between orexigenic effects of Cannabis sativa , Coriandrum sativum, Artemisia absinthium and ghrelin hormone in rat. Evaluation of the relations between cardiovascular risk factors with BMI and body fat percent in adults in Mashhad Production of cold-active recombinant β -Galactosidase in Pichia Pastoris Effect Of Zinc Supplementation On Clinical Improvement Of Sever Head Trauma Patients Whit Disorder of Consciousness In ICU The Association of nutrient intake and dietary patterns for non alcoholic fatty liver disease in those referring to Ghaem hospital- mashhad-1391.	specialty - Obstetrics and Gynecology M.Sc -Nutrition Sciences M.Sc - MPH M.Sc - Biochemistry M.Sc -Nutrition Sciences M.Sc -Nutrition Sciences	Niro Vahdat Maryam Kamgar 2011 Hosein Arab Mohammad Amin Mahdian Maryam Khazdor Zahra Mosalaei	-
Advisers	Determination of the Glycaemic Index of Kalat rice in Masshhad city Evaluation of TNF- α genotype in preeclampsia patients	6873 6068	MD MD	Ayoub Tavakolian 2013 Haniye Yaghob kar 2007
Advisers	Effect of immediate enteral nutrition after esophageal cancer surgery Study of nutritional status and associated blood elements in patients with inflammatory bowel disease in Mashhad, Qaem hospital	2172-T 2235-T	specialty - Surgery specialty - Internal	Reza Rezaiean 2009 Behzad Ramezani 2010
Advisers	Evaluation of the relationship between serum level of leptin and important coronary artery disease Comparison zinc levels between hyperbilirubinemic infants with non icter infants	2278-T 2264-T	specialty - Cardiology specialty - Pediatrician	Gholam Hosein Bahremand 2010 Hosein Mohsenzadeh 2011
Advisers	Evaluation of Curcumin anti-	524-A	Ph.D-	Hamidreza

	inflammatory effects on peripheral blood mononuclear cells in coronary artery disease and serum level of CD40L	Biotechnology	Rahimi	
Advisers	The comparison of the level of the heat shock protein 70 in neonate with perinatal Asphyxia and healthy neonate To compare the expression of Heat Shock Proteins 27,70 and 90 in tumoral and non-tumoral tissues in patients with gastric adenocarcinoma and assessment of their relations with angiogenesis, stage and grade of tumor and prognosis	2284-T	PhD-Pediatrician	Masoud Omidian 2009
Advisers	Evaluation impression of gastric bypass surgery on metabolic's indices in morbid obesity	2605-T	PhD-Gastrointestinal	Mehdi Zardadi 2012
Advisers	A Comparison of calorie and growth factors in serum and milk of lactating mothers of overweight and obese infants and normal ones.	420-A	M.Sc -Nutrition Sciences	Sahar Fallahi shahabad -
Advisers		501-A	M.Sc -Nutrition Sciences	Adele Khoda bakhshi Fard -

National Patent

Role of Heat Shock Proteins and Diagnostic of Acute Coronary Syndrome 2008

Conference Presentations:

More than 60 abstracts were presented in National and International congress as oral or poster presentations.

REFERENCES:

1. Professore Gordon Ferns, Professor of Molecular and Metabolic Medicine. School of Biomedical and Life Sciences, University of Surrey, Guildford, Surrey, UK, GU2 7XH, email: [g.fern@surrey.ac.uk](mailto:g.fern@ surrey.ac.uk)
2. Dr. Andrew Taylor, Consultant Biochemist, School of Biomedical and Life Sciences, University of Surrey, Guildford, Surrey, UK, GU2 7XH, email: a.taylor@surrey.ac.uk
3. Dr. Mohammad Taghi Rajabi, former Vice Chancellor of Mashhad University of Medical Sciences and Consultant of sugary; Department of surgery, Ghaem hospital, Mashhad, Iran. Email; RajabiMT@mums.ac.ir