

Abdolreza Norouzy

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Date of birth 24/05/1973

British General Medical Council 6043680 (full registration)

Registration

Iranian Medical Council 118792

Qualifications/Occupations

06/2014-	Head of Department of Nutrition, Mashhad Medical School	Mashhad Medical School
06/2014-	Associate Professor in Clinical Nutrition	Mashhad Medical School
08/2009-	Head of Department of Clinical Nutrition, Ghaem Teaching Hospital	Mashhad Medical School
02/2008 – 06/2014	Assistant Professor in Clinical Nutrition	Mashhad Medical School
08/2003 – 08/2007	Medical Specialty Training (Postgraduate General Medicine)	University Hospitals of Leicester (2005-07) Norfolk&Norwich University Hospital (2003-04)
05/2000 – 07/2007	PhD study (clinical nutrition) Supervisor: Dr Anthony Leeds	King's College, London
01/2002 – 11/2005	Graduate Certificate in Academic Practice (GCAP), part-time study	King's Institute of Learning & Teaching, London
09/1999 – 04/2000	Postgraduate Diploma in Clinical Nutrition	King's College, London
09/1991 – 11/1998	Doctor of Medicine (MD)	Mashhad University of Medical Sciences, Iran

Awards

2009	Teacher Diploma from European Society for Clinical Nutrition & Metabolism
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2006	Associate practitioner of the Academy of Higher Education in the UK - Ref: 30609
2000	Awarded Grants from Iranian Ministry of Health and Medical Education and Sun Nutrition plc (UK) for PhD study
1998	Research Vice President's Award for Distinguished Medical Student in Research Mashhad University of Medical Sciences, Iran

Publications

1. Maryam Saberi-Karimian. Reza Afshari. Sara Movahhed. Fateme Amiri. Fateme Keykhaee. Fariba Mohajer. Mansooreh Noormandipour. Ameneh Lamsehchi. Mona Nasiri. Bahareh Barkhidarian. **Abdolreza Norouzy**. Different aspects of scientific misconduct among Iranian academic members. Journal: European Science Editing. 44(2) May 2018. Original articles Pages 28 – 31 .
2. Sara Ebrahimi, Gholamreza Khademi, Seyed Ali Jafari, Nona Zaboli Nejad, Abdolreza Norouzy, Bahareh Imani. Neonatal Presentation of Unremitting Inflammatory Bowel Disease ■ Iranian Journal of medical sciences. Vol 43, No 3 (2018).
3. Ali Asghar Rashidi(MSc)1 , **Abdolreza Norouzy** (MD, Ph.D)*1 , Bahare Imani (MD)2 , Mohsen Nematy (MD, Ph.D)1 , Mohammad Heidarzadeh (Ph.D)3 , Ali Taghipour (Ph.D)4. Different methods for assessment of nutritional status in newborn infants based on physical and anthropometric indexes: a short review article. Rev Clin Med 2017; Vol 4 (No 1)
4. Pashar, Y.a,c,Darbandi, M.b,Niazi, P.c,Bagheri, A.c,Reza Mohajeri, S.A.d,Norouzy, A.e,Hamzeh, B.f The risk factors of metabolic syndrome and nutritional status in patients with non-alcoholic fatty liver disease: A case-control study in kermanshah, Iran. Acta Medica MediterraneaOpen AccessVolume 2017, Issue 6, 2017, Pages 953-958
5. Kermani T1, Zebarjadi M2, Mehrad-Majd H3, Mirhafez SR4, Shemshian M2, Ghasemi F5, Mohammadzadeh E2, Mousavi SH6, Norouzy A2, Moghiman T7, Sadeghi A7, Ferns G8, Avan A2,5, Mahdipour E9, Ghayour-Mobarhan M2. Anti-Inflammatory Effect of Crocus sativus on Serum Cytokine Levels in Subjects with Metabolic Syndrome: A Randomized, Double-Blind, Placebo- Controlled Trial. Curr Clin Pharmacol. 2017;12(2):122-126. doi: 10.2174/1574884712666170622082737.
6. **Norouzy A1**, Hasanzade Daloe M, Khoshnasab AH, Khoshnasab A, Farrokhi J, Nematy M, Safarian M, Nezafati P, Alinezhad-Namaghi M. Trend of blood pressure in hypertensive and normotensive volunteers during Ramadan fasting. Blood Press Monit. 2017 Oct;22(5):253-257. doi: 10.1097/MBP.0000000000000272.
7. Ali Asghar Rashidi1; Abdolreza Norouzy  1; Bahare Imani2; Mohsen Nematy1; Mohammad Heidarzadeh3; Ali Taghipour4. Different methods for assessment of nutritional status in newborn infants based on physical and anthropometric indexes: a short review article. Article 7, Volume 4, Issue 1, Winter 2017, Page 35-38
8. Shemshian M, Mousavi SH, Norouzy A, Kermani T, Moghiman T, Sadeghi A, Ghayour-Mobarhan M, Ferns GA. Saffron in metabolic syndrome: its effects on antibody titers to heat-

- shock proteins 27, 60, 65 and 70. J Complement Integr Med. 2014 Feb 6;11(1):43-9. doi: 10.1515/jcim-2013-0047.
9. Shohereh Bahrayni¹; Rahim Vakili*²; Mohsen Nematy³; **Abdolreza Norouzy**⁴; Seyed Isaac Hashemy⁵; Mehdi Ebrahimi⁴; Elham Masoumi¹; Habibolla Esmaeili⁶. The effect of Ramadan fasting on thyroid hormones in 9-13 years old pre-menarche girls. Journal of nutrition fasting and health. Volume 1, Issue 2, Autumn 2013, Page 46-52
 10. Nasrin Baghdari¹; Ashraf Ashrf Bahrami morghmaleki ²; **Abdolreza Norouzi**³; Hossien Karimi Moonaghi⁴. Comparison of the Effect of Mathernal Education via Newsletter and Group Discussion on the Nutritional Quality of Preschoolers. evidence based care journal. Volume 3, Issue 4, Winter 2014, Page 75-84.
 11. Marzie Zilaei¹; Abdolreza Norouzy ¹; Bahare Imani²; Gholamreza Khademi²; Mohammad Safarian¹. Improvement in Growth and Developmental Milestones with Nutritional Intervention in Methylmalonic Acidemia: A Case Report. Iranian journal of neonatology. Volume 4, Issue 4, Winter 2014, Page 52-53
 12. Fatemeh Keykhaei¹, Mahla Arabpour¹, Keyhan Gonoody¹, Samaneh Ayoubi¹, Ahmad Shah Farhat², **Abdolreza Norouzy**^{3*}. Results of Screening for Neonatal Metabolic Diseases in Mashhad City, Iran (2015). Iranian Journal of Neonatology 2017; 8(3)
 13. Safarian M¹, Taghipour A², **Norouzy A**¹, Mozhdehifard M³, Pouryazdanpanah M⁴. Development and validation of a questionnaire to evaluate the state of Iranian hospital nutrition support. Electron Physician. 2017 Dec 25;9(12):6043-6049
 14. Mina Hosseini Nasab¹, Zahra Gholampour¹, Bahareh Imani², **Abdolreza Norouzy**^{3*}. Prevalence of Malnutrition risk Based on Three Nutritional Risk Scores in Hospitalized Iranian children. International Research Journal of Applied and Basic Sciences © 2016 Available online at www.irjabs.com ISSN 2251-838X / Vol, 10 (4): 438-443.
 15. Farzaneh Mohammadi¹, Babak Karimi^{2*}, Atieh Mehdizadeh Hakkak³, **Abdolreza Norouzy**⁴, Bahareh Imani⁵. Comparison of the Effects of Intralipid 10% and 20% on Peripheral Catheter Ablation in a Pediatric Intensive Care Unit. Iranian Journal of Neonatology 2016; 7(1)
 16. Mohsen Mazidia, Maryam Shemshian, Seyed Hadi Mousavia, **Abdolreza Norouzy**, Tayebe Kermani, Toktam Moghiman, Akram Sadeghi, Naghme Mokhber, Majid Ghayour-Mobarhan* and Gordon A. Ferns. A double-blind, randomized and placebocontrolled trial of Saffron (Crocus sativus L.) in the treatment of anxiety and depression. J Complement Integr Med 2016; 13(2): 195–199
 17. Mahsa Mohammadzadeh MD¹, Samira Nasrfard MD¹, Pouya Nezafati MD^{2,3}, Mahla Arabpour MD¹, Narjes Ghaane MD¹, Maryam Salehi MD^{4,5}, Mohammad Safarian MD⁶, Majid Ghayour-Mobarhan MD⁷, Gordon A. Ferns MD⁷, **Abdolreza Norouzy** MD⁷. Effects of Radio Frequency and Ultrasound Cavitation Therapy on serum c- reactive protein and pro oxidant- anti oxidant levels. Archives of Iranian Medicine, Volume 19, Number 5, May 2016.
 18. Nematy¹, **Abdolreza Norouzy**², Atieh Mehdizadeh^{2*}. The 17th Congress of Parenteral and Enteral Nutrition Society of Asia (PENSA) and the First Symposium on Fasting and Health, 6th-8th December 2016, Tehran, Iran. J Fasting Health. 2016
 19. nematy m. **Norouzy a**. Assessing Serum Concentration of Zinc among Disadvantage Young Females under Cover of a Relief Foundation. journal of sciences and dietetics. 2015.1.4
 20. Sahar Fallahi-shahabad¹ & Mohsen Mazidi^{2,3} & Alireza Tavasoli¹ & Peyman Rezaie¹ & Fatemeh Rohani¹ & Simindokht Habibzadeh¹ & Emadodin Darchini-Maragheh¹ & Zohreh Sadat Sang Sefidi¹ & Mohammad Safarian¹ & Majid Ghayour Mobarhan^{1,4} & Mohammad

- Taghi Rajabi 1 & **Abdolreza Norouzy1** & Seyed Mohammad Reza Parizadeh1 & Saeid Akhlaghi 1 & Shima Tavalalaie 1 & Fatemeh Firouzi1 & Mohsen Nematy1 .Metabolic improvement of morbid obese patients following Roux-en-Y gastric bypass surgery: A prospective study in Mashhad, Iran. Indian J Gastroenterol (May–June 2016) 35(3):195–200
21. Mahsa Mohammadzadeha,1 , Samira Nasrfarda,1 , Pouya Nezafatib , Mahla Arabpour Dahouea , Nahid Hasanpoura , Mohammad Safarianc , Majid Ghayour-Mobarhand, *, **Abdolreza Norouzya**, ** Reduction in measures of adiposity using a combination of radio frequency and ultrasound cavitation methods. European Journal of Integrative Medicine 8 (2016) 313–316
 22. Peyman Rezaie, Mohsen Mazidi1,2, **Abdolreza Norouzy**, Mohsen Nematy. The effects of Ramadan fasting length on biochemical and anthropometric parameters in healthy subjects. © 2016 Journal of Research in Medical Sciences
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 24. Fatemeh amiri. Mohsen aziminejad.maryam Alinejad Nameghi. Mohsen Nematy. **Abdolreza Norouzy**.Effect of Ramadan fasting on inflammatory biomarkers and body composition in healthy subjects. J Fasting Health.2016.4.4
 25. Saedeh Delpazir1, Abdolreza Norouzy2, Mohsen Mazidi3, Peyman Rezaie2, Mohammad Moshiri1, Leila Etemad1, Mohsen Nematy2, Naser Vahdati1* Effects of Ramadan Fasting on Oxidative Stress and Pro-Oxidant-Antioxidant Balance. J Fasting Health. 2015; 3(2):55-57
 26. Shohreh Bahreyni1, Mohsen Mazidi2, Peyman Rezaie1, Rahim Vakili3, **Abdolreza Norouzy2**, Seyed Isaac Hashemy4, Mahdi Ebrahimi5, Habibolla Esmaeili6, Payam Razavi Ebrahimi7, Arash Akhavan-rezayat7, Mohsen Nematy1*The Effects of Ramadan Fasting on the Level of Sex Hormones in Pre-menarche Girls in Mashhad, Iran. J Fasting Health. 2015; 3(1):43-49.
 27. Nematy Ma , Haghani Mb , Akhavan Rezayat Ab , Babazadeh Sb , Safarian Ma , Abdi Mc , Akhlaghi Sd , Emami MRb , Hajifaraji Me , Ghayour-Mobarhan Ma , **Norouzy A**. Determination of the Glycemic Index of the most popular Iranian rice - Tarom - in two cooking methods: Boiled and Steamed. IJHLS, 2015, 1(2):14-20
 28. Mina Hosseininassab,1 **Abdolreza Norouzy**,1 Mohsen Nematy,1 and Shokoufeh Bonakdaran². Low-Glycemic-Index Foods Can Decrease Systolic and Diastolic Blood Pressure in the Short Term. International Journal of Hypertension. Volume 2015, Article ID 801268, 5 pages.<http://dx.doi.org/10.1155/2015/801268>.
 29. Zohre Sadat Sangsefidi1; Rahim Vakili2; Ahmadreza Zarifian3; Nona Zabolinejad4; **Abdolreza Norouzy1**; Fatemeh Ghafouri-Taleghani1; Bahare Imani* 2Persistent Hyperinsulinemic Hypoglycemia of Infancy: A Rare Case with Multiple Anomalies. Iranian journal of neonatology. Article 11, Volume 6, Issue 3, Summer 2015, Page 52-55 .
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 31. Tayyebbeh Kermani1; Seyyed Hadi Mousavi2; Maryam Shemshian3; Abdolreza Norouzy3; Mohsen Mazidi4; Atefeh Moezzi3; Toktam Moghiman3; Majid Ghayour-Mobarhan  5; Gordon. A. Ferns6Saffron supplements modulate serum pro-oxidant-antioxidant balance in patients with metabolic syndrome: A randomized, placebo-controlled clinical trial.journal of phytomedicine. Article 7, Volume 5, Issue 5, August 2015, Page 427-433
 32. Baghban Taraghdari S1, Nematy M1, Mazidi M2, Kamgar M1, Soukhtanloo M1, Hosseini M3, Rakhshandeh H4, Norouzy A1, Esmaily H. The effect of hydro-alcoholic extract of

- Artemisia absinthium on appetite in male rats. Avicenna J Phytomed. 2015 Mar-Apr;5(2):78-83.
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 35. Neda Shalaei, Atoosa Motaghedi, Seyed Amir Reza Mohajeri, **Abolreza Norouzy**, Mohsen Nematy, Faezeh Sheikhol Vaezin, Faezeh Jahandoost, Mohammad Safarian. Changes in Dietary Intake during Ramadan in North East of Iran Population. . J Fasting Health. 2014.
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 39. Mohsen Nematy, Mohsen Mazidi, Sara Baghban Taraghdari, Peyman Rezaee, Maryam Kamgar, Mohammad Reza Jomezadeh , OmidAkbariehHasani , Mohammad Soukhtanloo, Mahmoud Hosseini, Zahra Gholamnezhad, Hassan Rakhshandeh, **Abdolreza Norouzy**, Habibollah Esmaily, Michael Patterso. The effect of hydroalcoholic extract of Cannabis Sativa on appetite hormone in rat. J Complement Integr Med. 2014 Dec;11(4):253-7. doi: 10.1515/jcim-2014-0006. Index: Pubmed
 40. Mohsen Nematy, Mohsen Mazidi, SaraBaghban,JafariAtefeh, Hassan Rakhshandeh, **AbdolrezaNorouzy**, Amir Houshang Mohammadpour□. The Effect of Hydro alcoholic Extract of Achillea Millefoliumon appetite hormone in rat. Iranian Journal of Basic Medical Sciences. Index: ISI.
 41. Mohsen Nematy, Maryam Nouri, Shohreh Ghazizahedi, **Abdolreza Norouzy**, Seyed Amir Reza Mohajeri,Neda Shalaei, Mohammad Safariyan, Habibollah Esmaily. Validity and Reproducibility of Iranian Food Frequency Questionnaire. Switzerland Research Park Journal.Vol. 102, No. 12; December 2013,

42. Mohammad Asghari jafarabadi, Shohreh Ghazizahedi, Seyed Amir Reza Mohajeri, Maryam Nouri, Mohsen Nematy, **Abdolreza Norouzy**, Neda Shalaei, Mohammad Safarian. Comparison of Dietary Pattern in Different Provinces of Iran. Switzerland Research Park Journal. Vol. 102, No.12; December 2013
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44. Maryam Kazemi¹, Mohsen Nematy², **Abdolreza Norouzy**³, Maral Amini⁴, Seyed Amirreza Mohajery, Amir reza Razavi. Ramadan fasting: Evidence or expert opinion? Results of preliminary studies. J Fasting Health. 2013; 1(2):58-65. 59
45. Shalaei, N. Motaghedi Larijani, A. Mohajeri, AR. **Norouzy, A.** Nematy, M. Sheikholvaezine, F. Jahandoost, F. Safarian, M. Changes in dietary intake during Ramadan in North East of Iran population. Journal of Fasting and Health. 2013
46. **Norouzy, A.** Karimi rad, R. Sabety Beygi, Z. Amini, M. Davood, A. Mohajery, MR. Nematy, M. Effects of Ramadan fasting on Spirometric Value and Clinical Symptoms in Asthmatic Patients. Journal of Fasting and Health. 2013. **Index:** [ISC](#)
47. Nematy, M¹. Kamgar, M². Mohajeri, MR³. Tabatabaei Zadeh, A³. Jomezadeh, MR³. Akbarieh Hasani, O³. Kamali, N². Vojouhi, Sh². Baghban, S². Aghaei, A⁴. Soukhtanloo, M². Hosseini, M⁴. Gholamnezhad, Z⁴. Rakhshandeh, H⁵. **Norouzy, A²**. Esmaily, H^{6*}. Ghayour-Mobarhan, M⁷. Patterson, M. The effect of hydroalcoholic extract of Coriandrum sativum on rat appetite. Avicenna Journal of Phytomedicine. Vol. 3, No. 1, Winter 2013, 91-97.
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51. Mohsen Nematy, Hadis Salami, **Abdolreza Norouzy**, Zahra Siadat, Nasim Shahsavan, Shima Tavallaie, Gordon Ferns, Majid Ghayour-Mobarhan✉, Sonia Sadat Soluti. Indices of

- malnutrition in patients admitted to general medical and chest medicine wards of an Iranian teaching hospital on admission and discharge. Mediterranean Journal of Nutrition and Metabolism 2013 April; 6: 53-57. **Index: SCOPUS, EMBASE**
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۱۲. حسین اقبالی، محمد علی اقبالی، عبدالرضا نوروزی، حسین شیوا، «مدل سازی تغذیه برای افراد مبتلا به دیابت نوع ۲ با استفاده از برنامه ریزی خطی ریاضی»، مجله دیابت و لیپید ایران، ۱۳۹۰، دوره ۱۱ (شماره ۳) ۲۸۲-۲۹۱.

۱۳. سیده آسیه احمدی حسینی^۱، سید امیر طباطبائی زاده^۲، عبدالرضا نوروزی^{۳*} بررسی وعده های غذایی بیماران مزمن کلیه، دریافت کننده رژیم اورمیک در بیمارستانهای آموزشی دانشگاه علوم پزشکی مشهد در سال ۱۳۹۳ مجله دانشکده پزشکی دانشگاه علوم پزشکی مشهد سال ۵۹، شماره ۶ بهمن-اسفند ۹۵، صفحه ۲۹۲-۲۸۳

۷۴. مرضیه زیلابی^۱؛ عبدالرضا نوروزی^۲؛ ۳ بهاره ایمانی^۳؛ غلامرضا خادمی^۳؛ محمد صفریان^۲؛ منیره دهری^۴. بررسی کفایت حمایت تغذیه ای بیماران NPO شده در بیمارستان فوق تخصصی کودکان دکتر شیخ مشهد. مجله دانشکده پزشکی مشهد. دوره ۵۶، شماره ۵، آذر و دی ۱۳۹۲، صفحه 307-312

Confrences

سال کنگره	نوع ارائه	محل کنگره	نام کنگره	عنوان مقاله
1396	پوستر	مشهد	The 1st international congress of NLRCS, "Nutrition, from the Laboratory to Clinical Studies	Association of dietary pattern and body size with early menarche among elementary school girls in west of Iran
1396	پوستر	مشهد	The 1st international congress of NLRCS, "Nutrition, from the Laboratory to Clinical Studies	Evaluation of the possible relationship between dietary patterns and multiple sclerosis
1396	پوستر	مشهد	The 1st international congress of NLRCS, "Nutrition, from the Laboratory to Clinical Studies	The relationship between food groups and Multiple sclerosis disease: A case-control study in Mashhad
1396	سخنرانی	مانیلا	18th Congress of Parenteral and Enteral Nutrition Society of Asia	Comparing clinical outcome and nutritional status in hypo-caloric vs. full-caloric enteral feeding trauma patients during the first week of hospitalization in intensive care unit
1396	پوستر	مانیلا	18th Congress of Parenteral and Enteral Nutrition Society of Asia	Association between dysglycemia and mortality in children receiving parenteral nutrition in pediatric intensive care unit
1396	پوستر	ونکوور	2nd International Conference on Food Chemistry and Nutrition	Plasma n-3 polyunsaturated fatty acids are associated with both overall and abdominal obesity in

Iranian adults				
nutrition support protocol for neonates in pediatric intensive care unit	کنگره بهبود تغذیه کودکان و نوجوانان	تهران	سخنرانی	1395
Gastrointestinal tolerance and nutrition status of patients were gavaged by commercial enteral nutrition formula	The 17th Congress of PENSA	تهران	سخنرانی	1395
Estimation of fetal malnutrition by using ponderal index in Iranian Neonate	تغذیه و سلامت کودکان و نوجوانان	تهران	سخنرانی	1394
Introducing a Long-term Ketogenic Diet for Epileptic Pediatric Patients	The 17th Congress of Parenteral and Enteral Nutrition Society of Asia	تهران	سخنرانی	1395
سوتغذیه بعنوان یک ریسک فاکتور برای ازمان لیشمانیوز پوستی : نقش ویتامین آ	Annual International RAZI congress of dermatology	تهران	پوستر	1395
Resistant HTN - Role of nutrition in HTN control. Mediterranean diet and health	5th International Preventive Congress, 2016	شیراز	سخنرانی	1395
طراحی پرسشنامه جهت بررسی اجرای دستورالعمل های مراقبت های تغذیه ای در بیمارستان ها	دومین کنگره بین المللی و چهاردهمین کنگره تغذیه ایران	تهران	پوستر	1395
Can Nutrition Support Team Improve Post-operative Nutritional Status in Pediatric Patients Undergoing Gastrointestinal Surgery?	The 2nd International and the 14th Iranian Nutrition Congress	تهران	پوستر	1395
ارزیابی سطح سرمی روی در دختران ۱۸ تا ۳۰ ساله تحت حمایت کمیته امداد کشوری	کنگره تغذیه ایران	تهران	پوستر	1393
Assesment of changes in lymphocyte subgroups during weight loss	1 st International & the 13 th Iranian Nutrition Congress	تهران	پوستر	1393
Association between the dietary items and differentiated thyroid cancer	11th Asia Oceania Congress of Nuclear Medicine and Biology	Jeju	پوستر	1394

1394	پوستر	Tehran	10th international congress of endocrine disorders	بررسی اثر روزه داری بر میزان هورمون های IGF1 و IGFBP3 در دختران ۹ تا ۱۳ سال قبل از سن منارک
1394	پوستر	Tehran	10th international congress of endocrine disorders	بررسی اثرات روزه داری در ماه رمضان روی هورمون های جنسی در دختران ۹ تا ۱۳ سال قبل از سن منارک در مشهد
1393	پوستر	tehran	10th international congress of endocrine disorders	اثرات روزه داری در ماه رمضان بر شاخص توده بدنی، وزن و پروفایل لیپید در دختران ۹ تا ۱۳ سال قبل از سن منارک در مشهد
1393	پوستر	Tehran	10th international congress of endocrine disorders	تاثیر روزه داری در ماه رمضان بر میزان هورمون انسولین در دختران ۹ تا ۱۳ سال قبل از سن منارک در مشهد
1393	پوستر	مشهد	The first Razavi Congress in clinical nutrition and the 2nd international symposium on nutrition	بررسی اثر کنترل گلیسمیک بر بالانس پرواکسیدانت- آنتی اکسیدانت ، هموسیستئین، در افراد مبتلا به D و ویتامین ox-LDL. دیابت نوع دو.
1393	پوستر	مشهد	The first Razavi Congress in clinical nutrition and The 2nd international symposium on nutrition	Prevalence of congenital Gastrointestinal Anomalies In tertiary referral center of Iran
1393	پوستر	مشهد	The first Razavi Congress in clinical nutrition and The 2nd international symposium on nutrition	Guillain-Barre syndrome:A case report
1392	پوستر	شیراز	کنگره سراسری ریناتولوژی دانشگاه علوم پزشکی شیراز-ارتقاء سلامت مادر و کودک	مداخلات تغذیه ای در بیماری متیل مالونیک اسیدمیا
1392	پوستر	dubai	3rd ASN Middle East Congress	مداخلات تغذیه ای در متیل مالونیک اسیدمیا.گزارش مورد

Presentations

September 2011	Vegan diet improves cardiovascular risk factors compared to omnivore diet. ESPEN meeting, Sweden
July 2011	Plenary speech on Nutritional support in ICU patients. Indonesian Society for Critical Care meeting, Bali, Indonesia.

December 2010	Effect of fasting on cardiovascular risk factors. World Fasting and Health Conference. Penang, Malaysia
November 2010	Nutritional support in ICU patients. Plenary session. Iranian Congress of Nutrition. Shiraz
March 2010	Effect of Ramadan fasting on glycaemic control in type 2 diabetic patients. British Endocrinology Society, Manchester, UK
September 2009	Prevalence of hospital malnutrition in Iran. European Society for Enteral and Parenteral Nutrition, Vienna
March 2009	Effect of low and high glycaemic index meals on appetite, satiety and energy intake after six days low or high glycaemic index meal. British Endocrinology Society Meeting, Leeds, UK
October 2007	Effect of low and high glycaemic index meal on Pulse Wave Velocity in short and long term. 5 th World Congress on Metabolic Syndrome, Boston
July 2007	Becoming a House Officer. Plenary lecture on House Officer's rights. Royal Society of Medicine, London
September 2005	Improvement in semen parameters in men with varicocele after varicolectomy. North-Central American Urological Association meeting, Chicago
August 2003	Arterial Pulse Wave Velocity and low glycaemic index diet: significant improvement after six days. 18 th International Diabetes Federation Conference, Paris
March 2003	Low glycaemic index meals reduce dietary energy intake over six days in normal individuals. 12 th European Congress in Obesity, Helsinki

Book

1391	روزه در سلامت و بیماریها	تالیف بخشی از کتاب
2014	روزه داری سلامت و بیماری	ترجمه
1391	روزه در سلامت	تالیف
2018	Postoperative Critical Care for Adult Cardiac Surgical Patients	تالیف بخشی از کتاب

Teaching

I have completed the Graduate Certificate in Academic Practice (GCAP). GCAP is an award-bearing programme for those involved in teaching in Higher Education.

2013 - 2018	Mashad Medical School& Tehran Medical school	Associate Professor in Clinical Nutrition
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2008 - 2013	Mashad Medical School	Assistant Professor in Clinical Nutrition
2006 - 2007	University of Leicester	Course tutor/lecturer for 2 nd year medical students
2001 – 2004	King's College, London	Lecturing, demonstration and tutorial for MSc/medical students

Professional Memberships

- British Medical Association
- Association for the Study of **Obesity**-UK
- British **Endocrinology** Society
- British Association for the Study of **Medical Education**
- **Diabetes UK** (professional membership)
- British **Nutrition** Society.